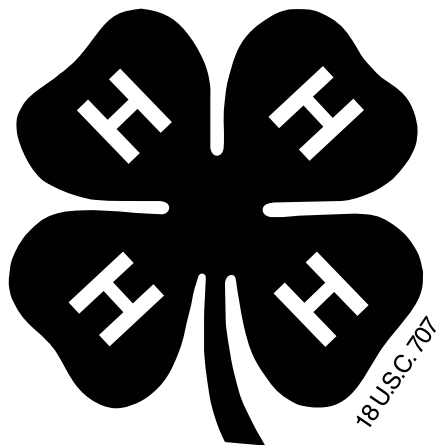


*Massachusetts
4-H Program
Recommended
Curricula*



Welcome!

The following is a list of 4-H curricula that have passed a rigorous 4-H national jurying process. They are full of expert research based content presented in an age-appropriate, hands-on manner. Most importantly, they are easy to use and fun for the participants.

Local offices have many of the materials listed. If you would like to review them, call 1-800-374-4446 or visit www.ma4h.org for the office nearest you.

Curricula can be ordered from:

National 4-H Cooperative Curriculum System, Inc.,
Extension Distribution Center
405 Coffey Hall
1420 Eckles Avenue
St. Paul, MN 55108-6068
Phone: 1-800-876-8636
www.n4hccs.org

National 4-H Council Supply Service
c/o Wachovia
P.O. Box 75013
Baltimore, MD 21275-5013
Phone: 301-961-2934
Email: 4hstuff@fourhcouncil.edu
www.4-hmall.org

Prices and availability vary.

We hope you will try some of our "4-H Recommended Curricula".

Sherrie Guyott
MA 4-H Program Director

Aerospace

Soaring Above & Beyond Aerospace Adventures: Pre-Flight
Soaring Above & Beyond Aerospace Adventures: Lift Off
Soaring Above & Beyond Aerospace Adventures: Reaching New Heights
Soaring Above & Beyond Aerospace Adventures: Pilot in Command
Soaring Above & Beyond Aerospace Adventures: Flight Crew – Helper’s Guide
Soaring Above & Beyond Aerospace Adventures – Set of All Five
Soaring Above & Beyond Aerospace Adventures: CD-ROM

Agriculture

Afterschool Agriculture Acres of Adventure 1
Afterschool Agriculture Acres of Adventure 2
Afterschool Agriculture – Set of Two
Down to Earth Classroom Gardening
Gardening - See Them Sprout
Gardening - Let’s Get Growing
Gardening - Take Your Pick
Gardening - Growing Profits
Gardening - Helper’s Guide
Gardening - Exhibit Guide
Gardening - Set of All Six

Bicycling

Bicycle Adventures 1: Bicycling for Fun
Bicycle Adventures 2: Wheels in Motion
Bicycle Adventures – Helper’s Guide
Bicycle Adventures – Set of all Three
Don’t Get Stuck – Fix It DVD or Video

Beef Cattle & Dairy Cows

Beef 1: Bite Into Beef
Beef 2: Here’s the Beef
Beef 3: Leading the Charge
Beef – Helper’s Guide
Beef – Set of All Four
Calf Pattern
Dairy Cow 1: Cowabunga!
Dairy Cow 2: Mooving Ahead
Dairy Cow 3: Rising to the Top
Dairy Cow – Helper’s Guide
Dairy Cow – Set of All Four

Cats

Cat 1: Purr-fect Pals
Cat 2: Climbing Up!
Cat 3: Leaping Forward
Cat – Helper’s Guide
Cat – Set of All Four

Changing Spaces

Changing Spaces 1: Design Detective
Changing Spaces 2: Designer in Me
Changing Spaces 3: Designer Studio
Changing Spaces – Helper’s Guide
Changing Spaces – Set of all Four

Child Care & Development

Kids on the Grow! 1: Growing on My Own
Kids on the Grow! 2: Growing With Others
Kids on the Grow! 3: Growing in Communities
Kids on the Grow! – Helper’s Guide
Kids on the Grow! – Set of All Four

Civic Education

Citizen Public Adventures Citizenship Adventure Kit
Citizen Public Adventures Citizenship Guide’s Handbook
Citizen Public Adventures – Set of Two
Service Learning 1: Agents of Change
Service Learning 2: Raise Your Voice
Service Learning – Helper’s Guide
Service Learning – Set of All Three

Cloverbud

Curricula for Members Ages 5, 6 & 7

Communication

Express Yourself 1: Picking Up the Pieces
Express Yourself 2: Putting It Together
Express Yourself 3: The Perfect Fit
Express Yourself – Helper’s Guide
Express Yourself – Set of All Four

Computer Science

Computer Mysteries Booting Up: Interacting with Computers
Computer Mysteries Adding Hardware and Software Magic
Computer Mysteries Reaching Beyond: The Advanced User
Computer Mysteries – Helper’s Guide
Computer Mysteries – Set of All Four

Consumer Education/Entrepreneurship

Entrepreneurship: Be The E
Entrepreneurship – Helper’s Guide
Entrepreneurship – Set of Two

Consumer Savvy: The Consumer In Me
Consumer Savvy: Consumer Wise
Consumer Savvy: Consumer Roadmap
Consumer Savvy – Helper’s Guide
Consumer Savvy – Set of All Four

Financial Champions: Money FUNdamentals
Financial Champions: Money Moves
Financial Champions – Helper’s Guide
Financial Champions – Set of All Three

Dog

Dog 1: Wiggles ‘n Wags
Dog 2: Canine Connection
Dog 3: Leading the Pack
Dog – Helper’s Guide
Dog – Set of All Four

Electricity

Electric Excitement: Magic of Electricity
Electric Excitement: Investigating Electricity
Electric Excitement: Wired for Power
Electric Excitement: Entering Electronics
Electric Excitement – Helper’s Guide
Electric Excitement – Set of All Five

Embryology

Embryology 1: Hatching Classroom Fun
Embryology 2: Experiments in Poultry Science
Embryology – Set of Two
Chick Development Poster

Engineering & Technology

Computer Power Unlimited Newbie Know –
How Getting Started with Computers
Computer Power Unlimited 1: Inside the Box + CD –
Building & Repairing Computers
Computer Power Unlimited 2: P2P – Peer to Peer –
Creating & Managing Networks
Computer Power Unlimited 3: Teens Teaching Tech –
Advice for Unplugged Leaders & Adult Helpers
Computer Power Unlimited – Set of All Four

Engines

Small Engines: Crank It Up
Small Engines: Warm It Up
Small Engines: Tune It Up
Small Engines – Group Activity Helper’s Guide
Small Engines – Set of All Four

Entomology

Entomology: Insectaganza of Excitement: Creepy Crawlies
Entomology: Insectaganza of Excitement: What’s Bugging You?
Entomology: Insectaganza of Excitement: Dragons, Houses & Flies
Entomology: Insectaganza of Excitement – Helper’s Guide
Entomology: Insectaganza of Excitement – Set of All Four

Environmental Stewardship

Exploring Your Environment: Eco-Wonders
Exploring Your Environment: Eco-Adventures
Exploring Your Environment: Eco-Actions
Exploring Your Environment – Helper’s Guide
Exploring Your Environment – Set of All Four

Fishing For Adventures: Take the Bait
Fishing For Adventures: Reel in the Fun
Fishing For Adventures: Cast into the Future
Fishing For Adventures – Helper’s Guide
Fishing For Adventures – Set of All Four

Forestry – Forests of Fun 1: Follow the Path
Forestry – Forests of Fun 2: Reach for the Canopy
Forestry – Forests of Fun 3: Explore the Deep Woods
Forestry – Forests of Fun – Helper’s Guide
Forestry – Forests of Fun – Set of All Four

Outdoor Adventures 1: Hiking Trails
Outdoor Adventures 2: Camping Adventures
Outdoor Adventures 3: Backpacking Expeditions
Outdoor Adventures – Helper’s Guide
Outdoor Adventures – Set of All Four

Experiential Learning

Experiential Learning Video & Facilitator Guide
Experiential Learning DVD & Facilitator Guide

Food & Nutrition

Food Curriculum: Six Easy Bites

Food Curriculum: Tasty Tidbits

Food Curriculum: You're the Chef

Food Curriculum: Foodworks

Food Curriculum – Helper's Guide

Food Curriculum – Set of All Five

Food, Fun and Reading

Geospatial

Exploring Spaces, Going Places CD

Goats

Dairy Goat 1: Getting Your Goat

Dairy Goat 2: Stepping Out

Dairy Goat 3: Showing the Way

Dairy Goat – Helper's Guide

Dairy Goat – Set of All Four

Lamb/Kid Pattern

Meat Goat 1: Just Browsing

Meat Goat 2: Get Growing with Meat Goats

Meat Goat 3: Meating the Future

Meat Goat – Helper's Guide

Meat Goat – Set of All Four

General Livestock

Exploring Farm Animals – Helper's Guide

General Sciences

Science Discovery 1

Science Discovery 2

Science Discovery – Set of Two

Health

Health 1: First Aid in Action

Health 2: Staying Healthy

Health 3: Keeping Fit

Health – Set of All Three

Healthy Lifestyles

Health Rocks 1

Health Rocks 2

Life Rocks 1

Life Rocks 2

Keeping Fit & Healthy 1: To the Rescue

Keeping Fit & Healthy 2: Fitness on File

Keeping Fit & Healthy 3: Head, Shoulders, Knees and Toes

Keeping Fit & Healthy – Set of All Three

Horse

Horses & Horsemanship

Horse Science

Horse 1: Giddy Up and Go

Horse 2: Head, Heart & Hooves

Horse 3: Stable Relationships

Horse 4: Riding the Range

Horse 5: Jumping to New Heights

Horse – Helper's Guide

Horse – Set of All Six

Horse Pattern

Latino Cultural Arts

!Que Rico! La Bultura Bilingual – Helper’s Guide

Leadership

Step Up to Leadership Mentor Guide 1

Step Up to Leadership Mentor Guide 2

Step Up to Leadership My Workbook

Step Up to Leadership My Journal

Step Up to Leadership My Portfolio

Step Up to Leadership – Set of All Five

Exploring 4-H: Exploring Treasurers of 4-H

Exploring 4-H: Treasurers – Helper’s Guide

Exploring 4-H – Set of Two

Making Youth Organizations Work: Destination Success

Microwave Cooking

Microwave Magic A: Bags of Tricks

Microwave Magic B: Micro Magicians

Microwave Magic C: Amazing Rays

Microwave Magic D: Presto Meals

Microwave Magic – Helper’s Guide

Microwave Magic – Set of All Five

Moving Ahead

Moving Ahead – Preparing the Youth Development Professional

Performing Arts

Theatre Arts Adventures 1: Play the Role

Theatre Arts Adventures 2: Becoming a Puppeteer!

Theatre Arts Adventures 3: Setting the Stage!

Theatre Arts Adventures – Helper’s Guide

Theatre Arts Adventures – Set of All Four

Pets

Pets 1: Pet Pals

Pets 2: Scurrying Ahead

Pets 3: Scaling the Heights

Pets – Helper’s Guide

Pets – Set of All Four

Photography

Adventures With Your Camera A

Adventures With Your Camera B

Poultry

Poultry 1: Scratching the Surface

Poultry 2: Testing Your Wings

Poultry 3: Flocking Together

Poultry – Helper’s Guide

Poultry – Set of All Four

Public Speaking

The Communications Toolkit: Fun Skill-Building Activities to Do With Kids

Building Bridges 1: Creative Wordworking

Building Bridges 2: Public Speaker's Handbook

Building Bridges 3: Crazy About Books

Building Bridges 4: Voices From the Past

Building Bridges 5: It's All in the Family

Building Bridges 6: Parent's Guide to Public Speaking

Building Bridges 7: Communication Activities

Building Bridges 8: Teaching Resources

Building Bridges – Set of All Eight

Rabbits

Rabbits 1: What's Hopping?

Rabbits 2: Making Tracks

Rabbits 3: All Ears

Rabbits – Helper's Guide

Rabbits – Set of All Four

Rabbit Pattern

Robotics

Robotics 1 – Explorer

Robotics 2 - Probe

Robotics – Helper's Guide

Robotics – Set of All Three

Robotics and You CD

Sewing & Textiles

Let's Sew: A Beginner's Sewing Guide

Sewing Expressions: Under Construction

Sewing Expressions: Fashion Forward

Sewing Expressions: Refine Design

Sewing Expressions – Helper's Guide

Let's Sew: A Beginner's Sewing Guide

Sewing Expressions – Set of All Five

Sheep

Sheep 1: Lambs, Rams And You

Sheep 2: Shear Delight

Sheep 3: Leading the Flock

Sheep – Helper's Guide

Sheep – Set of All Four

Lamb/Kid Pattern

Swine

Swine 1: The Incredible Pig

Swine 2: Putting the Oink in Pig

Swine 3: Going Whole Hog

Swine – Helper's Guide

Swine – Set of All Four

Baby Pig Pattern

Veterinary Science

Veterinary Sciences 1: From Airedales to Zebras

Veterinary Sciences 2: All Systems Go

Veterinary Sciences 3: On the Cutting Edge

Veterinary Sciences – Helper's Guide

Veterinary Sciences – Set of All Four

Visual Arts

Visual Arts 1: Sketchbook Crossroads

Visual Arts 2: Portfolio Pathways

Visual Arts – Set of Two

A Palette of Fun with Arts & Crafts

Woodworking

Woodworking Wonders: Measuring Up

Woodworking Wonders: Making the Cut

Woodworking Wonders: Nailing it Together

Woodworking Wonders: Finishing Up

Woodworking Wonders – Helper's Guide

Woodworking Wonders – Set of All Five

The Kid's Building Workshop

Workforce Readiness

Get in the Act! Take 1: Youth Guide and CD-ROM

Get in the Act! Take 1 – Helper's Guide

Get in the Act! Take 1 – Set of Two

Staff, Volunteer & Educator Programming

Creating Youth/Adult Partnerships: Training Curricula

Heads-On, Hands-On: The Power of Experiential Learning

RISE – Respect and Integrity Through Skills & Education

Moving Ahead CD – Preparing the Youth Development

Professional

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