



# Northeast Region Winter Forum

## January 25, 2020



St. Williams Church School  
 1351 Main St., Tewksbury, MA

**Pre-registration by Mail should be Postmarked by January 18<sup>th</sup>  
 (NO confirmations sent – pick up schedule that day)**

Workshops fill early! First Received, First Reserved. Limits are based on safety and supplies. Youth are given first preference for workshops - Adults may attend classes with the understanding that supplies for adults may not be available. Your patience and flexibility are appreciated.

**\*\* Adults MUST accompany Cloverbuds (Youth aged 5-7) in their workshops\*\***

### SCHEDULE:

8:45-9:15	Set up, Check-In, Raffle Donations, Refreshments
9:15-9:30	Opening Remarks for all in Cafeteria
9:45-10:45	Workshop Session #1
11:00-12:00	Workshop Session #2
12:15-12:45	Lunch, Announcements, Final Raffle Ticket Sales
1:00-2:00	Workshop Session #3
2:15-3:15	Workshop Session #4
3:20	Raffle Winners Posted and Pick up available
3:30 PM	Break down and clean up

*(Volunteers Needed in classrooms, for set up, clean up.....Sign up on Registration Form)*

### *How can you support the MIDDLESEX ADVISORY COUNCIL?*

**We ask that every family bring *NEW and like new items* to donate for our raffle.**

Did your child get something for the holiday that doesn't quite "fit": A book, game or craft kit?

Our 4-Hers really enjoy this raffle! Choose unused items that 4-Hers will want!

All monies raised go to the Middlesex Advisory Council to be used in support of our local 4-H programs. Refreshments are sold for the same purpose, so please support MAC by purchasing raffle tickets, drinks, donuts and a full lunch on the day of Winter Forum!

### *BOOKS FOR VETS – Community Service Project*

Please bring gently used books to be donated to Veterans

### *There is NO SNOW DATE for Winter Forum*

In the event of bad weather, please call 617-243-1933 for an informational message.

For an emergency during Winter Forum call

Wendy Marcks at 978-430-7514 or Pam LeFave at 978-337-5452



## Workshop Descriptions

### Session 1: 9:45 - 10:45

1. **Can you do it?** (Ages 8+; limit 12) Capture the flavor of each season by canning your harvest and enjoying it much later in the year! Great to enter in the 4-H Fair as well
2. **Paper Making** (Ages 8+; limit 12) A few simple steps and materials will give you a new way to recycle old paper into something beautiful for wrapping gifts, scrapbooking, making cards & tags, and more.
3. **Woodworking 101** (Ages 10+; limit 12) **Bring a hammer and a measuring tape.** In this class, you will learn some basic woodworking skills, how to use common hand tools and emerge from class with a project to enter in the woodworking department at the Fair!
4. **Fair play: get ready!** (Ages 8+; unlimited) It's not too soon to start thinking about summer and the 4-H fair! Join an experienced club leader and parent of 3 4-Hers for some tips and tricks to make those weeks before the fair go smoothly.
5. **A Banner Day!** (Ages 8+; limit 15) The Fair Directors challenge you to make a banner to represent your club to promote 4-H to the public. See YOUR club banner on the side of the hayride wagon at the fair! Materials and ideas provided.
6. **My House or Yours?** (Cloverbuds; limit 15) Birds need houses too! In the middle of winter some birds are looking for a home! Join us as we make birdhouses that you can take home, and see which kinds of birds flock to your birdhouse!
7. **Duct Tape Creations** (Ages 8+; limit 15) Learn to make colorful, functional items by folding duct tape into items like wallets, phone covers, board games, even bird feeders. Bring home something wonderful that you have created!
8. **Wreath making from nature** (Ages 8+; limit 15) Create a beautiful wreath using items found in nature – and bring home ideas so you can gather more objects to make another wreath using items you can find in your own yard and neighborhood!
9. **Busy as Bees** (Ages 8+; limit 15) Beeswax candles are some of the best you will find. Come learn about how busy bees create the wax used in candle-making, and leave with your own candle!
10. **Come to your Pet's Aid** (Ages 8+; limit 15) Learn to identify abnormalities and early warning signs if your dog or cat needs immediate action in a medical emergency. You will learn some basic first-aid techniques for when time is critical.

## Workshop Descriptions



### Session 2: 11:00 - 12:00

- 1. Felt Great!** **(Ages 8+; limit 15)** Wet wool felting is an ancient technique that starts with wool roving, entails a bit of splashing in water and swirling and rolling, and ends with beautiful, colorful creations. Come try your hand at this fun craft!
- 2. God's Eyes** **(Cloverbuds; limit 15)** You might know this familiar craft as Ojo de Dios. Whatever you call it, you will be able to create a beautiful, colorful treasure woven with yarn on a stick cross to take home with you. Make more than one to give as a gift!
- 3. Cover-up** **(Ages 8+; limit 12)** How awesome would it be to see your artwork on the cover of the 4-H Fair Premium Book in 2021? Even better, being selected means you pay NOTHING to enter the fair that year! Come get tips from the Static Art Department chairperson.
- 4. Henna Tattoos** **(Ages 8+; limit 12)** The use of henna for body art is several centuries old at least. Just wait until you see the fun way you'll be introduced to this ancient method of applying temporary tattoos. You will learn how to prepare henna and many different but simple patterns.
- 5. Creative Wreath-making** **(Ages 8+; limit 15)** Decorative wreaths can be made from all sorts of objects! Come choose from an assortment of items to be provided, to create a wreath for your home that expresses your personality and creativity!
- 6. Dogs are people too!** **(Ages 8+; limit 15)** Join members of the Pup Scouts to make some fun, colorful, and sturdy toys that will have your dogs thinking it's their birthday every day!
- 7. The Sky's the Limit** **(Ages 8+; limit 20)** Explore Astronomy! Let's start off by exploring what we know about our solar system with some simple activities and then learn how to peak out into the Universe!
- 8. Let's Face It!** **(All ages; unlimited)** Have you always wanted to learn how to face paint? Learn the techniques and what supplies are needed to paint faces like a pro! Be ready to try your hand at this and think about bringing the knowledge back to your club to use it as a fundraiser!



## Workshop Descriptions

### Session 3: 1:00 – 2:00

1. **Shell Game** (Ages 8+; limit 12) Living in a state next to the Atlantic Ocean, we take seashells for granted! Come learn more about shells and the home they provide for sea animals, think about how you can start a collection, work on a possible Fair entry.
2. **Edible Eyeballs** (All ages, limit 15) In this tasty science workshop you will make Rice Krispie treats while learning about the parts of the eye and their functions. The Rice Krispie treats, frosting and candy will combine to make a model of an eye. Then...ew! Eat your eye!
3. **Cover your Ears!** (Ages 8+; limit 12) And cover your hands too - winter is here for sure! In this fun class we will make fleece hats and mittens that are sure to keep you warm and dry.
4. **Para-cord Bracelets** (Ages 10+; limit 15) Bracelets made using nylon cord from parachutes have been around since World War II. They are an essential item for all kinds of adventurers, from marking a trail, to fishing for dinner, to surviving in the outdoors.
5. **Salsa Si!** (All ages; limit 15) You might feel like dancing the Salsa once you have mastered and sampled this yummy blend of veggies and spices. Come mix it all up and bring on the music!
6. **Slimes the Rage** (Cloverbuds; limit 15) It's ooey, it's gooey, it's tons of fun! Learn to make slime as a gift or for your own enjoyment! Take the recipes home and design your own slime using easily available ingredients.
7. **That Takes the Cupcake!** (Ages 8+; limit 15) What's more fun than eating a cupcake? Why, decorating it first! Come enjoy getting a little bit sticky while learning some frosting techniques and seeing what your culinary creativity will produce!
8. **Google It!** (Ages 8+; limit 20) Come explore the 4-H partnership with Google by trying some hands-on activities that will get you to see how you are already using skills like Algorithms and Pattern Recognition in your everyday life...you just might not know it!



## Workshop Descriptions

### Session 4: 2:15 – 3:15

1. **Just Say Cheese!** **(Ages 8+; limit 15)** We will make and taste cheese, discuss the basic concepts of cheese making, the equipment and materials needed, and why cheeses from different regions of the world are unique.
2. **Sew What!** **(Ages 8+; limit 15)** In this workshop we will learn some basic hand sewing skills. Think how impressed your family members will be when you offer to sew on buttons or mend a ripped seam for them!
3. **Loom Weaving** **(Ages 8+; Limit 12)** Come explore the ancient art of weaving, part of the fabric of our everyday lives in the clothes we wear and materials all around us. Learn the basics of loom weaving and bring home a sample.
4. **Slimier** **(Ages 8+; limit 15)** Slime isn't just for Cloverbuds! It's always slime time! All ingredients provided. Learn to make slime as a gift or for your own enjoyment! Take recipes home and design your own slime using easily available ingredients – make it a club project!
5. **Avian Quiz Bowl** **(Ages 8+; unlimited)** No, we will not be rolling birds! Learn some bird facts and practice for the newest 4-H knowledge competition, Avian Bowl. Come try your hand at buzzing (not buzzarding!) and learn skills to be used in ALL bowl competitions.
6. **Earth Day Birthday** **(Ages 8+; limit 20)** Earth Day will be celebrating its 50<sup>th</sup> year in 2020, so let's take a look at some chemistry and explore polymers and the impact they have had on the environment. It's time for some 20-20 vision for the future of our planet!
7. **Puppets** **(Cloverbuds; limit 15)** Do you like to make up stories and pretend but sometimes there isn't a friend around to play with? Make several simple puppets and you will always have the chance for some make-believe play!
8. **No-melt Snowmen** **(Ages 8+; limit 15)** Each winter we build snowmen but then learn we have to leave them outside! Join us in this workshop and make a variety of snowmen to liven up the indoors (these snowmen are guaranteed not to melt!)

**Sign Up on the Registration Form to Help Us!**

**We need Adults and Teens willing to assist with: Workshops, Registration, Food Booth, Raffle, Afternoon break down.**

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You've thought of a great class you can teach next year?

Contact Pam LeFave 617-243-1935

[plfave@umass.edu](mailto:plfave@umass.edu)

If you are interested in helping plan next year's Winter Forum, please contact

Wendy Marcks 617-243-1933

[wmarcks@umass.edu](mailto:wmarcks@umass.edu)  
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**Directions to St. Williams Church School**

1351 Main Street (Rte 38), Tewksbury MA

**Route 495 North or South:** Take Exit 38, head toward Tewksbury.

2.5 miles to church school on right (1/4 mi past traffic light at Chandler St)

**Route 93 North or South:** Dascomb Road Exit 42 (if coming *from Boston*, turn left onto Dascomb; *from the North*, left at end of ramp, then right at the traffic light onto Dascomb) Follow approx 3 miles – name changes to East Street - when you pass the Tewksbury State Hospital on the left, ball fields, on the right, the next intersection is Chandler St., turn left onto Chandler, left at the next traffic light onto Main Street. Church is ¼ mile on your right.

From **Route 128**, most direct route is to take 3 North to 495 North, and follow directions as above.

**Winter Forum is held in the church School Building.** There are a series of brick buildings – First, the Rectory, next is the Church, then an annex, and farthest from the Church (to the far left as you face all 4 buildings) is the School. **Look for the Clover!**

*Park in front of the School Building and enter through the center front doors. From the main floor, turn to the left and head downstairs to Registration table in the cafeteria.*

**SEE YOU THERE!**

**Northeast 4-H Winter Forum - Registration Form – January 25, 2020**

Are you a 4-H Member? Circle one: Y N

Family Name \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Instructions:** Fill in name of each person and workshop choices for each session of the day. Use workshop number, as well as title! **Reminder: 5 -7 year olds *MUST* be accompanied by an adult to each session all day.** Make checks payable to “*Middlesex County 4-H*”. Include registration fee of \$10.00 per person (Family maximum \$20.00) all fees are non-refundable. **Mail by January 18<sup>th</sup>** to: Debbie Seale, 11 Plympton Circle, Waltham, MA 02451

No pink or Red Ink, please.

	Name of family member #1 _____ age: _____	Name of family member #2 _____ age: _____	Name of family member #3 _____ age: _____
Session #1 9:45 - 10:45	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____
Session #2 11:00 - 12:00	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____
Session #3 1:00 - 2:00	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____
Session #4 2:15 - 3:15	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____	1st Choice _____ _____ 2nd Choice _____ _____

**Note:** If a parent is *not* going to be present at Winter Forum they must sign below and designate an alternate adult who will take responsibility for their child all day.

\*\* Not applicable to Cloverbuds/Youth aged 5-7 \*\*

Name: \_\_\_\_\_ has my permission to attend Winter Forum.

Parent/Legal Guardian Print and signature: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_ Alternate Adult: \_\_\_\_\_

**Adults & Teens we need your Help!**

**Name:** \_\_\_\_\_

Willing to assist with: Workshops \_\_\_ Registration Table \_\_\_ Food Booth \_\_\_ Raffle \_\_\_ Set Up \_\_\_ Break Down \_\_\_