



WESTERN MASS 4-H **WINTER WORKSHOP**



Saturday, February 1, 2020
Hopkins Academy,
Route 9, 131 Russell St, Hadley, MA 01035

Numerous workshops will be offered to 4-H members, leaders, and parents/guardians!

Workshops to be offered include:
Coding
Mindfulness
Poultry 102
And many more!

If you sign up for the entire day, your County 4-H Advisory Council-Berkshire, Franklin, Hampden, Hampshire and Worcester-will cover \$10 of your \$20 fee. Your final cost=\$10/person (includes lunch).

For more information:
Contact

Thomas M. Waskiewicz, 4-H Educator for the Massachusetts 4-H Program, waskiewicz@umext.umass.edu or 413-545-0611

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

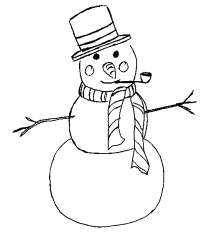


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UNIVERSITY OF MASSACHUSETTS AMHERST



WESTERN MASS 4-H WINTER WORKSHOP



Saturday, February 1, 2020 - 8:30 A.M to 2:15 P.M.
Hopkins Academy, Route 9, 131 Russell St, Hadley, MA 01035

Schedule

Please check out the raffle table and exhibit area during your breaks and lunch!

8:30-9:00 Registration

Raffle Table and Exhibit area will be open

9:00-9:50 Session 1

10:00-10:50 Session 2

11:00-11:50 Session 3

Noon-12:40 Lunch

Exhibits, Raffle Table

12:50 Raffle sales end

12:50-1:40 Session 4

1:45 Raffle winners to be posted

1:45-2:15 Evaluations

Raffle prize pick up

Exhibits taken down

Clean up (help is appreciated)

Beverages and snacks will be available in the cafeteria from 8:30 to 1:30.

If you have any questions, there will be someone in the cafeteria available to help you.

We hope you enjoy the workshops!

Please support the Hampden County 4-H Advisory Council scholarship fund by participating in our raffle.

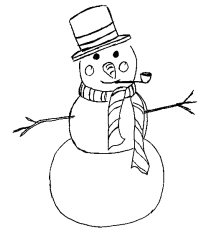


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The 4-H Winter Workshop offers hands-on learning for youth and leaders in many popular project areas. The workshop is open to all Berkshire, Franklin; Hampden, Hampshire and Worcester county 4-H youth ages 8-18 as of 1/1/20 and volunteers. Members ages 8-11 as of 1/1/20 must have an adult chaperone/parent attending (The adult does not have to be registered for the same workshops as the youth).

The registration fee is \$5 per workshop or \$20 for the entire day per person including lunch. **Registrations should be postmarked no later than Friday, January 22, 2020.** All registration fees are non-refundable unless the entire workshop is cancelled. Please make checks payable to Hampden County 4-H. Complete the registration form and mail with an enclosed check for \$10/person to: Tom Waskiewicz, 4-H Office, 101 University Drive, Suite A4, Amherst, MA 01002-9261.

Schedule	
8:30-9:00	Registration
9:00-9:50	Session 1
10:00-10:50	Session 2
11:00-11:50	Session 3
Noon-12:40	Lunch, Raffle
12:50	Raffle closes
12:50-1:40	Session 4
1:45-2:15	Evaluation/Raffle Prize pick-up

Class size is limited. Those who register early have first preference. If there are not enough people registered, a class may be cancelled. Early registration is encouraged. Please indicate 1st and 2nd choices for each session. If you have any questions, contact Thomas Waskiewicz, 4-H Educator at 413-545-0611 or email waskiewicz@umext.umass.edu

Raffle: Please bring a raffle item worth \$5 for our raffle table. All proceeds will go the Hampden County 4-H Advisory Council to help offset the cost of this event and for scholarships and camperships.

Display area: If your club would like to set up an exhibit, or has brochures about upcoming 4-H events that may be of interest to other 4-H members, please email a description to Tom Waskiewicz for approval. We would be glad to help spread the word and show off your work.

Workshop Descriptions

- 1. Robotic Hand**-is an unplugged hands-on activity that gets youth thinking about Artificial Intelligence (AI) and how robots work. *Led by Lauren DuBois, 4-H Educator and Lizmarie Lopez-Ortiz, 4-H Educator*
- 2. Show Ribbon Projects**-Are you wondering what to do with the rosettes and ribbons that you have won through the years? In this workshop, we will be making a ribbon project and we will also explore some other projects for you to start at home. We will supply you with patterns for the other projects. You will need to bring a glue gun with at least a dozen single ribbons and a few rosettes that you do not mind cutting. You will receive an email reminder on the supplies when we get closer to the forum date. *Led by Carrie Sears- State 4-H Animal Specialist*
- 3. Emergency Management Preparedness**-learn about the process of turning awareness of the natural hazards and risks faced by a community into actions that improve its capability to respond to and recover from disasters. *Led by Phil Roncarati Asst. Chief/Emergency Manager, "Front Range Fire"*
- 4. Basic First Aid**-(There is a \$3 charge for materials that will be collected at the beginning of the workshop). Basic First Aid- come learn and practice basic first aid skills. Learn how to assemble your own first aid kit and respond to emergency situations. Also learn basic CPR and Heimlich maneuver methods! *Led by Mckinley Magni 4H volunteer, CPR/AED certified.*



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5. **Navigating Paperwork in the 4-H System-** Yes, youth are our focus, but to ensure that they are recognized and able to participate in the full breadth of the 4-H program and that you are fully registered in the system, there are the inevitable forms. What are these? How are they processed? What deadlines do you need to be aware of? All these, and more, will be covered in this informative venue. *Led by Dr. Linda Horn, State 4-H Director*
6. **Birdseed Ornaments-** birdseed ornaments are really easy to make! They look amazing and they might even look complicated, but don't let it fool you – They're super simple! *Led by Mckinley Magni 4H volunteer*
7. **Code Your Name & Makey Makey-**CYN is a computer-based activity that is an opportunity for kids to build a customized animation using code. And MM is an electronic invention tool and toy that allows users to connect everyday objects to computer programs. Using a circuit board, alligator clips, and a USB cable, the toy uses closed loop electrical signals to send the computer either a keyboard stroke or mouse click signal. *Led by Lauren DuBois, 4-H Educator and Lizmarie Lopez-Ortiz, 4-H Educator*
8. **The Exciting Life of Honeybees-** learn about the honeybee life cycle, what equipment a beekeeper uses and why 4-H clubs should raise bees. *Led by Paige & Art Canterbury and the "Montague Modern Homesteaders 4-H Club"*
9. **Roundtable with the State 4-H Director-**Here's an opportunity to talk in an informal setting with Dr. Linda Horn. Bring your ideas, concerns, questions and hopes for the 2020 club year. Advisory and program/fair board reps also encouraged to attend. *Led by Dr. Linda Horn, State 4-H Director*
10. **The World of 4-H-**opportunities abound in 4-H at the club, regional, state and national levels. Learn about VPs, Records, National Congress, National Conference, leadership and events/competitions. We'll also answer "What is the Advisory Council, the Massachusetts 4-H Foundation and National 4-H Council"? *Led by Tom Waskiewicz, 4-H Educator*
11. **Poultry 102: Breeding & Hatching-** we will be talking about everything from maintaining a healthy breeding flock to integrating your chicks into the existing flock. Incubator tips and tricks and what to expect when your hens expecting. *Led by 4-H volunteer, Michelle Lee*
12. **Coding-** learn about coding; creating wackus monster algorithms; showing a public service announcement (PSA) that was made on SCRATCH; as well as how to teach younger students coding unplugged by playing the "pollinator" game, and coding the "waggle dance". *Led by Faith Motta, 4-H'er*
13. **Babysitting-** This workshop will enable you to coordinate 4-H Babysitting workshops in your community. Babysitting needs are in high demand across WMass. 4-H continually receives requests from libraries, schools and individuals. Learn how you can reach youth with this rewarding experience while receiving a stipend for your efforts. *Led by Angelica Paredes, 4-H Educator*
14. **Stop the Bleed-** learn how to pack a wound, how to use a tourniquet, why we need to know how to "Stop The Bleed", and "Prepare with Padro", which is a FEMA coloring book on how to prepare for an emergency. *Led by Hope Motta, 4-H'er*
15. **Backyard Rabbits 101-** getting started with commercial rabbits. Whether you're looking to raise rabbits for meat, fur or show this workshop is a great way to get the information you'll need to get started out right. We will be talking about housing, care, maintenance and dietary needs. *Led by 4-H volunteer, Michelle Lee*
16. **Challenge Classes-** Make 2 crafts with the support of Hampshire County 4-H Ambassadors. The crafts can be entered into the Hampshire County Fair Challenge classes. *Led by the Hampshire County 4-H Ambassadors*



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Mailed in registrations should be postmarked no later than Friday, January 22, 2020

All registration fees are non-refundable. Please make checks (\$10/person) payable to Hampden County 4-H. Complete this registration form, one/person. **Mail with an enclosed check** to: Tom Waskiewicz, 4-H Office, 101 University Drive, Suite A4, Amherst, MA 01002-9261.

Name: _____

Address: _____

Town: _____ State: _____ Zip: _____

County: _____ 4-H Club Name _____

Phone: (_____) _____ Cell Phone: (_____) _____

E-mail: _____

If age 8 to 11 years old, Name of Adult accompanying you _____

Please indicate 1st & 2nd workshop choices for each session

Session 1 - 9:00 to 9:50

- _____ 1 Robotic Hand
- _____ 2 Show Ribbon Projects
- _____ 3 Emergency Management Preparedness
- _____ 4 Basic First Aid

Session 2 - 10:00 to 10:50

- _____ 5 Navigating Paperwork in the 4-H System
- _____ 6 Birdseed Ornaments
- _____ 7 Code Your Name & Makey Makey
- _____ 8 The Exciting Life of Honeybees

Session 3 - 11:00 to 11:50

- _____ 9 Roundtable with the State 4-H Director
- _____ 10 The World of 4-H
- _____ 11 Poultry 102: Breeding & Hatching
- _____ 12 Coding

Session 4 - 12:50 to 1:40

- _____ 13 Babysitting
- _____ 14 Stop the Bleed
- _____ 15 Backyard Rabbits 101
- _____ 16 Challenge Classes

Lunch, Noon-12:40-is included with full day registration.

Total fee due*



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_____ \$10 for 4-H members, leaders & parents -**If you signed up for the entire day, your County 4-H Advisory Council-Berkshire, Franklin, Hampden, Hampshire and Worcester-will cover \$10 of your cost, so your check should be for \$10/person; OR**

_____ = \$5/workshop for those not attending the entire day and does not include lunch



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