Phragmites: ID, habitat, and management

Identification

*Phragmites australis* (Cav.) Trin. Ex Steud. (USDA, NRCS, 2021) also known as common reed, is a perennial grass. Phragmites can grow 8-12 feet tall with long, flat leaves that are about 24 in. long and 2 in. wide. Purple flowers can be seen August-September and will turn white/brown over time. These flowers are arranged in panicles that can be up to 12 in. long with extending ascending branches (Magee, 1981). The flowering portion of the plant has long silky hairs. Phragmites may be confused with wild rice but it can be differentiated because Phragmites has a strong rootstock so it is more difficult to pull up (Fassett, 2006).

The stem of the plant is hollow and round and is held upright by long, stout, hairy rhizomes. Seventy percent (70%) of the plant’s biomass consists of the roots and rhizomes (Sandler et al., 2015). Phragmites spread through these rhizomes as well as through seeds. It was thought that Phragmites reproduce primarily through vegetative growth since viable seeds are rarely found, but a 2015 North American study found that 84% of new common reed along roads in southern Quebec originated from seeds rather than plant fragments. Once initiated, however, local stands spread through vegetative growth (Uva et al., 1997; Albert et al., 2015). During the winter, rigid stems can persist and continue to bear plume-like seed heads (Uva et al., 1997).

Phragmites is believed to have originated from the Middle East, but today in North America, three subspecies (ssp.) have been identified (Swearingen et al., 2012). One subspecies of Phragmites is native to marshes in eastern Massachusetts, but the most invasive subspecies of Phragmites, which is also the most prevalent type today in Massachusetts, is likely native to Europe (Saltonstall,
2001). These two subspecies are the most widespread subspecies in North America. The native species is ssp. *americanus* and the introduced subspecies from Europe is ssp. *australis*. A third subspecies found mainly in the southern United States has possible hybrid origins and is known as ssp. *berlandieri* or the Gulf Coast type (Allen, 2017).

**Habitat**

Phragmites can be found in marshes and other natural wetlands as well in highway margins and pipeline corridors since it is able to tolerate salty and alkaline conditions. It favors wet open locations with a soil pH of 5.5-8 and can grow in stagnant or flowing water. Phragmites devalues wetland habitats for wildlife by colonizing the habitat at the expense of other vegetation. (Uva et al., 1997; Sandler et al., 2015; Somers et al., 2008).

![Phragmites australis by Larry Allain, from USDA- NRCS PLANTS database](image1)

Large rhizomes. Great Lakes Phragmites Collection et al., 2008).

**Management**

For MA cranberry production, Phragmites is considered to be a very high priority weed and should be eradicated before getting a foothold. Plants growing near the bog should also be managed as Phragmites can easily spread. Bogs should be scouted frequently and young plants should be pulled immediately, with care taken to remove the entire root. The bog can be made less favorable for Phragmites by maintaining good drainage (Sandler, 2021).
If smaller plants are established and it is not possible to remove all the stems and roots by hand, targeted herbicide applications such as glyphosate wipes can be used to manage the weeds. Plants should be wiped as soon as possible, as some regrowth may occur and multiple applications may be needed. Delaying applications can give the fast-growing plant the opportunity to establish large root systems and may make eradication more difficult (Ghantous, pers. obs.). For large established stands, management methods include cutting, herbicide application, hydraulic controls, dredging, and summer/fall burning. Cutting, however, can be labor intensive (Somers et al., 2008). Combining herbicide treatment with mowing is effective. In early to mid-summer, glyphosate applications followed by mowing 3-4 weeks later can help control infestations. Alternatively, mowing first then applying glyphosate when the plants regrow can also be effective (Sandler, 2021).

References


