



# UMass Extension 4-H Program

February 4, 2022

Weekly NewsBlast

The UMass Extension 4-H E-NewsBlast is sent to all UMass 4-H families and volunteers. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to! Check these sites and your local county Facebook page for more details and for updates to programs: <https://ag.umass.edu/mass4h> and <https://www.facebook.com/Mass4H/>

Look for archived NewsBlast issues at <https://ag.umass.edu/mass4h>

## Scholarship Opportunities:

Be sure to keep checking the UMass 4-H scholarship page for a variety of opportunities! Go to <https://ag.umass.edu/mass4h/youth/awards-scholarships>

### Kent Lage Leadership Award Scholarship:

The Kent Lage Leadership Award is presented in honor of the late Kent Lage to two 4-H members who have demonstrated outstanding leadership qualities, including public speaking abilities and a background in community service activities. The first place award will be a \$1,000 scholarship and second place will be a \$500 scholarship. This award is a scholarship to further your education. To be eligible you must

- Have been a member of MA 4-H for a minimum of four years
- Be currently enrolled if age eligible and still in high school
- Currently be a senior in high school or freshman in college
- Plan to go on for higher education or post-secondary school education/training
- Complete the application requirements and submit on time (March 15, 2022)

For more information and to obtain the application form, go to

<https://www.mass4hfoundation.org/for-families-clubs/grants-and-awards/>

## 2022 UMass 4-H Annual STEAM Festival

The STEAM Festival is for all registered UMass Extension 4-H members. Classes include Science, Engineering and Technology, Animals, the Arts, Crafts, Photography and more! The STEAM Festival entry book is available at this link: <https://ag.umass.edu/mass4h>. Here is a sample of the classes you can enter; contact Kim Pond or Lauren DuBois with questions. To submit your entries visit: <http://steam-festival.fairentry.com/>

**Science:** Greenhouse, Garden Design, Science Experiment, Space Project, and Science miscellaneous

**Technology:** Scratch Coding, Webpage Design, Hackathon, 3-D Printed design, Video, Robot (electric), and tech. miscellaneous

**Engineering:** Rube Goldberg, Cardboard Arcade, Paper Chair Design, Catapult/Trebuchet, Robot (non-electric), Lego structure, and engineering miscellaneous

**Art:** Mission Patch, Challenge Coin, Upcycled Art, STEAM Collage, Quilt, functional upcycle project, Shoebox float, and art miscellaneous

**Math:** Tangrams, Analog Game, and math miscellaneous



## Massachusetts 4-H Facebook Page Survey

You still have time to take part in the survey to help us determine content for the Massachusetts 4-H Program Facebook page! We want to hear from you! The deadline to take part in the survey is February 15<sup>th</sup>.

Help us to improve the page and bring topics that you are interested in seeing posted for our leaders, parents and members to use. Once you finish the survey you can choose to submit your email to be entered into a drawing to win one of three \$10 Dunkin Donuts Gift Cards. Find the survey at

<https://www.surveymonkey.com/r/2X3P39G>

## Animal Science Programs

Contact Carrie Sears with any questions or to register for any events below at [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

### Animal Science Meetings, Workshops and Contests

February 7 – 6:30pm - Regional 4-H Horse Advisory Meeting - Hadley  
February 9 - 7:00pm Zoom – Rabbit Workshop Committee Meeting  
February 15 – 7:00pm Zoom – MA 4-H Dairy Advisory Meeting  
February 16 - 6:30pm Zoom – State 4-H Horse Communications Contest Overview  
February 18 – 7:00pm Zoom – State 4-H Horse Judging Contest Overview

### Model Horse Show

Lillian Shupe from the New Jersey 4-H Horse Program will be joining us on February 10<sup>th</sup> at 7:00pm on Zoom to discuss her highly successful State 4-H Model Horse Show that is held annually. Everyone is invited to attend.



### State 4-H Horse Contests Zoom Series

Join Coach Darlene Welch on February 16<sup>th</sup> at 6:30pm on Zoom to learn about the State 4-H Horse Communications Contest. Learn how to perfect your presentation and the opportunity to make the national team. Horse Judging is scheduled with Coach Heather Chmura on February 18<sup>th</sup> at 7:00pm to go over the tips on ways you can best prepare for the state contest. You will review reasons and have the opportunity to practice judging.

### On-line Livestock and Horse Judging

The Livestockjudging.com opportunity will be available again in 2022. The practice classes will start being offered next week for you to practice your judging skills in beef, dairy, horse, market sheep, goats and hogs, plus breeding sheep. Watch for the class announcements next week in the news blast, and on the various state livestock species & horse Facebook sites.

### UConn 4-H Goat Workshop

Hold the date – April 2<sup>nd</sup>. Details to be announced in February.

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## Visual Presentation Updates and Workshops

Your local 4-H office will reach out with information about local Visual Presentation contests. All events will be held by Zoom in 2022. This year, all participants ages 10 or older can choose to enter using either posters or PowerPoint/Google Slides in any category.

Visual Presentation categories are divided into three age divisions (age determined Jan. 1): Cloverbuds, ages 5-7 Juniors, ages 8-13 Seniors, ages 14-18. Cloverbuds may enter at the county level only and receive participation awards. Pre-registration is required for each competition.

Virtual Visual Presentations for all 4-H members in Berkshire, Hampden, Hampshire, Franklin, Worcester, Essex, Norfolk, and Bristol Counties will take place on March 5. Middlesex County VP's will be held on March 12. Registration is open; reach out to your 4-H educator with questions and to register!

State Visual Presentations will take place via Zoom on April 2. Look for more details in next week's edition!

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## Heroes Wear Scrubs (HWS)

Heroes Wear Scrubs is back again this spring. This program is a partnership between UMass 4-H and the UMass Amherst Elaine Marieb School of Nursing. The sessions will be led by nursing students with a UMass 4-H Educator present at all times. A wide variety of topics will be discussed, and participants will have a voice in some of the topics covered. There will be two tracks happening at the same time, one for juniors (8-13), one for seniors (14-18).

- Who: Youth 8-18 years of age
  - When: Wednesdays, 3:30-4:30 PM, February 16 - April 6 (No meeting on March 16) 7 sessions in total.
  - **Registration deadline is Monday, February 14.** REGISTER EARLY, SPACE IS LIMITED to 10 juniors & 10 seniors
  - Registration link: <https://bit.ly/3qJePJB>
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## Opportunities for Teen 4-H Members

### APPLY FOR THE 2023 YOUTH IN ACTION AWARDS

Applications are open for the 2023 4-H Youth in Action Awards! Now is the chance for 4-H members ages 15-19 to tell their 4-H story of impact, leadership, and purpose. Learn more about the application process and set your calendars to apply by March 28, 2022. Go to <https://4-h.org/parents/4-h-youth-in-action-awards/> for more information.

### Summer Camps

It's not too early to start thinking about summer activities and camps. If you're thinking your child may be interested in attending one of the five 4-H camps this summer, be sure to apply for a Massachusetts 4-H Foundation Campership! The Foundation gives out many camperships each year, and they are not need-based. Visit the [Foundation website](#) for the application. There are five 4-H camps located throughout the state. Learn more about Camp Farley, Camp Leslie, Camp Middlesex, Camp Howe and Camp Marshall on the UMass 4-H extension website at <https://ag.umass.edu/mass4h/4-h-camps>.

### Career Exploration Series

Learn about a wide variety of professions in this series. Presenters work in the field they are discussing, talk about their jobs on a day-to-day basis, and how their life path led them to that job. Participants will not only hear from the professionals but be able to ask questions, make comments, participate, or just listen. As many participants will tell you, some careers are much different than you thought they may be!

February 16	Maeve Kiley AmeriCorps  Registration link: <a href="https://bit.ly/3Gex5B2">https://bit.ly/3Gex5B2</a>	Maeve Kiley is spending a year of service with AmeriCorps Cape Cod where members are assigned to various different roles within the environmental sector. As a team, AmeriCorps works on local projects related to natural resource management, environmental education, volunteer outreach, and disaster emergency response. Individually, she serves with the Cape Cod Cooperative Extension as an Aquifer Educator responsible for outreach programs to connect with the community and preserve the Cape Cod Aquifer. As a recent graduate, this program is a fantastic stepping stone into the environmental field and a great entry level opportunity to explore various sectors of environmental work.
March 2	Dr. Thomas Russell  Registration link: <a href="https://bit.ly/3nobcbt">https://bit.ly/3nobcbt</a>	Thomas P. Russell Silvio O. Conte Distinguished Professor Polymer Science and Engineering Department Visiting Faculty, Materials Sciences Division Lawrence Berkeley National Laboratory  More info coming...
March 16	Larry Dapsis Entomologist  Registration link: <a href="https://bit.ly/3G5wVMp">https://bit.ly/3G5wVMp</a>	Entomologist since age 5. B.S. Environmental Science & Biology at Fitchburg State University and M.S. Entomology at the University of Massachusetts – Amherst. Forty years of professional pest management experience including Vegetables, Cranberries and Household Insects. Joined Cape Cod Cooperative Extension in 2011 as Deer Tick Project Coordinator and Entomologist and is a member of the Barnstable County Tick-Borne Disease Working Group.
April 6	Shannon Hulst & Greg Berman  Registration link: <a href="https://bit.ly/3mXqgwn">https://bit.ly/3mXqgwn</a>	Shannon Hulst is Deputy Director of Cape Cod Cooperative Extension as well as Floodplain Specialist and Community Rating System (CRS) Coordinator for Barnstable County, MA through Cape Cod Cooperative Extension and Woods Hole Sea Grant. She is a Certified Floodplain Manager® with a Master's degree in Marine Affairs from the University of Rhode Island and serves on the board of the Massachusetts Association for Floodplain Management. Shannon assists communities, businesses, and residents with Community Rating System (CRS) and flood-related technical assistance with an overall goal of improving flood resiliency. This includes assistance with federal, state, and local regulations; working with local boards and Commissions; doing public outreach; tracking storms; GIS mapping; and many other flood-related activities.  Gregory Berman is the Coastal Processes Specialist for Woods Hole Sea Grant program at the Woods Hole Oceanographic Institution. He earned a B.S. in Marine Geology from Eckerd College and his M.S. in Geological Oceanography from the University of South Florida. His professional certifications include Professional Geologist (PG), Geographic Information

		Systems Professional (GISP), and Certified Floodplain Manager (CFM). He provides technical assistance and extension education programs for coastal communities on topics including shoreline change, erosion control alternatives, coastal hazards and hazard mitigation analyses, sea level rise, storm surge, dune restoration techniques, and other coastal resources management issues.
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## Register for 4-H

You must be registered as a current 4-H member in order to take part in any activities, contests or events. Need assistance completing your registration or joining for the first time? Contact your local 4-H office (see below) for assistance. Follow these steps if you are already a member and wish to re-enroll.

Go to <https://v2.4honline.com/#/user/sign-in> Be sure to use Google Chrome or Safari - not internet explorer

- Check to see that the email in your profile is current! If it has changed you need to update it in 4honline. Need help, or forgot your password? Reach out to Kim Pond for assistance.
- Update your health form, club and project information and click through until you hit final "submit" button. You will get an automated response your re-enrollment was submitted so you know it went through and ready for the office to approve.
- Find resources and tips for using 4honline at <https://ag.umass.edu/mass4h/about/4h-online>
- For Payment: When you are In 4honline please select "Non-Electronic" payment and proceed to the end regardless of payment method. You will then be directed on where to mail your check or pay by credit card. You do not pay directly to 4honline, but instead pay at the 4-H portal <https://ag.umass.edu/mass4h/membership-payment>

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## Safety Measures and Precautions

UMass Extension 4-H continues to ask for your cooperation by wearing masks in any UMass building, including 4-H offices. In addition adult volunteers and youth members need to wear masks at any 4-H indoor club meetings or events, no matter the location. COVID guidance can change daily; following daily guidance of the CDC and UMass 4-H when holding 4-H club meetings is required. See below for more details. Thank you for helping to keep our 4-H members safe and healthy!

- Any 4-H club meetings or events held indoors: Masks must be worn by all participants and adults. All CDC/health guidance must be followed regarding social distancing at the time of the event or meeting.
- Any 4-H club meeting or event involving youth under 12: Masks must be worn by all participants and adults. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.
- Any outdoor 4-H club meetings or event: Masks must be worn by all participants and adults if youth under 12 are present. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.

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## UMass Extension 4-H Offices and Contact Information:

Contact the 4-H person you wish to meet with prior to visiting to ensure they are scheduled to be in. Thank you.

State 4-H Office: 100 Venture Way, Suite 334; Hadley MA 01035

Linda Horn, UMass Extension 4-H Program Director [lrhorn@umext.umass.edu](mailto:lrhorn@umext.umass.edu)

Carrie Sears, 4-H Animal Science Program Manager – [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

Deb Comeau – State 4-H Administrative Assistant – [dcomeau@umext.umass.edu](mailto:dcomeau@umext.umass.edu)

Western MA: Franklin, Hampshire, Hampden and Berkshire Counties

100 Venture Way, Suite 334; Hadley MA 01035

Angelica Paredes, 4-H Educator – [angelica@umext.umass.edu](mailto:angelica@umext.umass.edu)

Lauren DuBois, Urban 4-H Educator – [ldubois@umext.umass.edu](mailto:ldubois@umext.umass.edu)

Lizmarie Ulloa, Urban 4-H Program Assistant - [llopezortiz@umext.umass.edu](mailto:llopezortiz@umext.umass.edu)

Central and Southeastern MA: Auburn 4-H Office: 7 Midstate Drive, Suite 102; Auburn MA 01501

Bristol and Norfolk Counties:

Cynthia A. Bushey, 4-H Educator – [cabushey@umass.edu](mailto:cabushey@umass.edu)

Kim Henderson, Administrative Assistant – [khenders@umext.umass.edu](mailto:khenders@umext.umass.edu)

Worcester County:

Meg McDermott, 4-H Educator – [memcdermott@umass.edu](mailto:memcdermott@umass.edu)

Martina Jasiewicz, Administrative Assistant – [mjasiewicz@umext.umass.edu](mailto:mjasiewicz@umext.umass.edu)

State 4-H STEM Program Manager:

Kim Pond – 4-H SET Program Manager – [kima@umext.umass.edu](mailto:kima@umext.umass.edu)

Northeastern MA: Essex, Middlesex & Suffolk Counties:

Mt. Ida Campus, Hallden Hall; 100 Carlson Avenue, Newton, MA 02459

VaShon Wallace-Hiltpold, Acting 4-H Educator – [vwallace@umext.umass.edu](mailto:vwallace@umext.umass.edu)

Pam LeFave, Program Assistant – [plefave@umext.umass.edu](mailto:plefave@umext.umass.edu)

Debbie Beaubien, Administrative Assistant – [debbieb@umext.umass.edu](mailto:debbieb@umext.umass.edu)

Nancy McCarthy, Program Assistant – [nmccarthy@umext.umass.edu](mailto:nmccarthy@umext.umass.edu)

Plymouth County: 44 Obery Street, Plymouth MA 02360

Molly Vollmer, 4-H Educator: [mvollmer@umext.umass.edu](mailto:mvollmer@umext.umass.edu)

Cathy Acampora, 4-H Educator: [acampora@umext.umass.edu](mailto:acampora@umext.umass.edu)

Meghan Riley, Ag Extension Educator: [mriley@plymouthcountyma.org](mailto:mriley@plymouthcountyma.org)

Tia Quinn, Administrative Assistant: [tquinn@plymouthcountyma.gov](mailto:tquinn@plymouthcountyma.gov)

Barnstable County: Box 367, Barnstable MA 02630

Sandi Shepherd-Gay, Barnstable County Youth Extension Educator:

[sandi.shepherdgay@barnstablecounty.org](mailto:sandi.shepherdgay@barnstablecounty.org)

Dawn Johnson, Administrative Assistant: [dawn.johnson@barnstablecounty.org](mailto:dawn.johnson@barnstablecounty.org)



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