



Massachusetts 4-H Program

Updates for May 15, 2020

The Massachusetts 4-H program is offering a wide range of virtual activities in many project areas. The E-News Blast lists current and upcoming events, contests, and projects within UMass 4-H as well as opportunities available through other states 4-H programs and outside groups.

Whether you are a volunteer, parent, or 4-H member, be sure to contact your educator or any of the 4-H staff listed at the end of the News Blast should you need any 4-H Program assistance

Continue to check Massachusetts 4-H Facebook page at <https://www.facebook.com/Mass4H/> for photos, videos, and other items.

Healthy Living

Combine science and math lessons with baking and cooking! Here are some sources for finding recipes to bake or cook with young people!

- <https://4-h.org/parents/curriculum/food-science/>
- <https://www.kingarthurfLOUR.com/recipes/collections/recipes-to-bake-with-kids>
- <https://www.tasteofhome.com/collection/easy-baking-recipes-for-kids/>
- <https://www.pbs.org/food/theme/cooking-with-kids/>

Virtual Horse Show – State Line Tack

Although not a 4-H sponsored horse show, the State Line Tack Seclusion Showdown Online Horse Show Series 4-H Edition, provides 4-H'ers in equine programs across the 4-H system with the opportunity to continue to share their love of horses with a virtual community, even while they may not be able to be near their horse. How does it work? Join any of the four weekly classes. Participate in any or all using photo entry, select your class and follow the specific session instructions. Check the link for all the sessions: <https://www.statelinetack.com/content/partnerships/seclusion-showdown-4-h-edition/>

Session #2: May 19th-25th - Showmanship (4-H 18 & under), Showmanship (Alumni), Mini & Pony Halter (Under 46"), Current 4-H and Alumni, Costume (Current 4-H and Alumni)

Session #3: June 2nd-8th - Color (Current 4-H and Alumni), Solid Color (Current 4-H and Alumni), Hunter Under Saddle (4-H 18 & under), Hunter Under Saddle (Alumni)

Session #4: June 16th-22nd - Ranch Horse Pleasure (Current 4-H and Alumni), In-Hand Trail (under 46") (Current 4-H and Alumni), Trail (4-H 18 & under), Trail (Alumni)

Animal Science Updates and Online Sessions:

The 2020 Massachusetts State 4-H Animal Health Regulations are now on-line on the MA 4-H website at: https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/2020_ma_animal_health_fair_rules-co19.pdf

The New England Fair/Shows CVI Requirements are available on the web at: https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/ne_fairs_shows_cvi_requirements_2020_co-19.pdf

Upcoming Animal Science Zoom Sessions May 14-20:

Thursday, May 14 – Pet Therapy Session #2- 7-8 pm – Pet Therapy Focus on Dogs– with Cathy Acampora and Lauren DuBois – If new to session, contact Carrie Sears for link – ccsears@umext.umass.edu or use same link as last week.

Monday, May 18 – Hippology Session #3 – Coach Cait Robinson – 6-7pm – Contact Carrie Sears for link – ccsears@umext.umass.edu

Tuesday, May 19 – Horse Bowl Session #5- 6-7pm - Contact Carrie Sears for the link – ccsears@umext.umass.edu

Tuesday, May 19 – Goat Zoom Session #3- Health Topics with a Veterinarian – 7-8pm -Contact Carrie Sears for the link – ccsears@umext.umass.edu

Goat Workshop Zoom Series

On Tuesday, May 19th we will be practicing judging and will use the pictures you submit of your goats. On May 26 Ryan Blatchley from CT (National ADGA Judge) will be on the Zoom to discuss placing classes/reasons.

Send a photo of you and your goat from the front, rear and each side to Carrie Sears by this weekend (5/15) so she can load into a PowerPoint for next week. They should be set-up as if in the show ring. Do not clip at this time due to the weather. Please review the bottom link for pointers in setting-up. Contact Carrie at ccsears@umext.umass.edu if you have any questions.

How to Set up your animal:

https://docs.google.com/presentation/d/1Zt3-fDJkKgcSm2JmpCv8IDc4Ai0E3Rj7iqqwf5IP44/mobilepresent#slide=id.g2be8d72b7_0295

State/Regional 4-H Advisory Zoom Meetings

May 18 – Regional Horse Advisory – 7pm – Link will be mailed to members

You can take part in a **virtual Goat Show and Judging Contest** sponsored by an outside group. Your dairy goat must be a registered ADGA animal. See the rules and information on:

https://virtualdairygoatshow.weebly.com/?fbclid=IwAR2TjCWCiCaJeMM8nGSv1ZM7jf_SL-tBCdkFfufAhAfJCqyY_FOIJEdu_Mk

Verification Forms

Due to the COVID-19, the following changes to submitting the MA 4-H Animal Verification Form are as follows:

1. In lieu of the original signature on a verification form, a 4-H leader can send an email to their county office confirming the project verification.
2. All parent/guardian and youth signatures **MUST** appear on the 2020 verification forms (lease).
3. Scanned forms, photos of forms and hard copy forms will be accepted for 2020.

The same form is also used for leased animals. Please contact your county 4-H office or Carrie Sears if you have questions

Due Dates: Dairy – May 15

All Other livestock and Dog – June 1

Beef was due on May 1

4-H Across America

Exercise virtually and make your way across America with this new Healthy Lifestyle program! 4-H Across America allows 4-H members, volunteers, and families virtually exercise their way across America from Boston, Massachusetts to Sacramento, California. This program is open to everyone; those in 4-H, including youth, volunteers, parents, and 4-H supporters. “4-H Across America” will take place from May 15-October 1.

Here’s how it works:

- Create a four-person team, and give yourselves a team name. If you can’t field a full four-person team, submit your registration and we will place you on a team. Use this form. Registration deadline is May 15th.
- Every team that completes the “virtual” journey across America will receive a medallion for each team member.
- Each team member will keep track of exercise mileage – whether by walking, jogging, biking, riding, rollerblading, skiing or swimming - any type of exercise as long as you can track the mileage. The only allowable countable mileage is exercise via walking, jogging/running, horseback riding, using an elliptical, biking and swimming or team sports.

On the last day of each month from May 15 to October 1, the team captain will submit their team's total mileage. You will be on the honor system. We will communicate with the team captain, if there are updates or questions

To register your team and find out more, go to <https://ag.umass.edu/mass4h/news/4-h-across-america-2020-exciting-exercise-challenge> or contact one of these 4-H Educators: Tom Waskiewicz, Meg McDermott, or Jay Field.

Resources for Learning at Home

4-H programs in many states are offering a wide variety of learning resources. Here are a few:

Iowa 4-H - <https://www.extension.iastate.edu/4h/4h-at-home-learning-resources>

Ohio 4-H - <https://ohio4h.org/stayathomeprojects>

National 4-H - 4-H National Youth Science Day 2020 4-H STEM Challenge: The race to land humans on Mars is on! The 2020 4-H STEM Challenge will explore sending a mission to Mars with the activity, *Mars Base Camp*. Developed by Google and Virginia Cooperative Extension, *Mars Base Camp* is a collection of activities that teaches kids ages 8-14 STEM skills like mechanical engineering, physics, computer science, and agriculture. Stay tuned for details about this year's challenge in the coming weeks! Meanwhile, get started exploring Mars here - <https://www.jpl.nasa.gov/edu/teach/activity/mission-to-mars-unit/>

Illinois 4-H – Birdwatching Bingo - <https://uofi.box.com/s/lbyen2tv5ewnobz1mgph3twy3c58uzvy>. Or, participate in a 4-H Bird Identification challenge at <https://uofi.box.com/s/w3iar8kxy8rrms30na0rn97x2wzvbngq>

New York 4-H - The Cornell Lab of Ornithology has a lot of resources and curriculum to engage youth and adults including how to get involved with citizen science. <https://www.birds.cornell.edu/home/>

National 4-H Congress

There is still time to apply to be a MA 4-H delegate to National 4-H Congress this fall! Applications are due to the state 4-H office postmarked by May 23rd OR can be emailed to Kim Pond at kima@umext.umass.edu

Click this link for the application

https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/nationaltrip_application2020.v3doc.pdf Delegates will be selected based on an application process. Each person selected as a delegate is expected to contribute \$300 toward the cost of the experience; all remaining costs are paid by the Massachusetts 4-H Foundation.

More Links and Fun

Each week, National 4-H will be sharing four at-home learning resources from 4-H programs across the country. Visit the links found at <https://4-h.org/about/blog/4-h-at-home> each Monday. These hands-on, educational resources are free and available for all ages.

4-H Butterfly Adventures - [Watch the transformation!](#)

Hungry? Check this: Meals in a Mug (Omelet) - [Enjoy breakfast in a mug!](#)
(<https://www.facebook.com/watch/?v=521159115237116>)

Biotechnology Activities. Learn about soy ink, bioplastics, create biofuel, becoming 'green' at home, and more. <https://4-h.org/parents/curriculum/agriscience/#!/biotechnology-activities>

Wind Power is found at <https://4-h.org/parents/curriculum/wind-energy/>

Find 4-H At Home activities and virtual camps at <https://4-h.org/about/4-h-at-home/>

CBS News Steve Hartman teaches online classes on character, empathy, friendship and altruism in this video series. Find them at <https://www.cbsnews.com/feature/kindness-101-steve-hartman/>

[Have some outdoor environmental education fun at some of these sites:](#)

BACKPOCKET ACTIVITIES FOR HOME OR GARDEN – <https://backpocketlearning.org/>

Search and explore a variety of projects, crafts or recipes. You can also search by age and time allotment.

United States Environmental Protection Agency

Lesson Plans, Teacher Guides and Online Environmental Resources for educators and parents. Find an array of environmental and science based lesson plans, activities and ideas from EPA, other federal agencies and external organizations.

<https://www.epa.gov/students/lesson-plans-teacher-guides-and-online-environmental-resources-educators>

Scholarships

Are you a graduating senior or first year college student? There are many 4-H Scholarship opportunities found on the UMass 4-H Webpage at <https://ag.umass.edu/mass4h/forms-applications/scholarship-applications> Some scholarships are for particular county programs; others are available statewide. Deadlines are coming up *FAST!*

The Big E Morris 4-H Scholarship is available this year to a MA 4-H member who has been a participant at Eastern States Exposition at least once. The application deadline is August 1.

4-H Officer Workshop Series for Current and Aspiring 4-H Club Officers

Being elected an officer of your 4-H Club is both an honor and a responsibility not to be taken lightly. Serving as an officer gives you valuable experiences which you will use all your life. Much of the responsibility for the success of your club depends on you as an officer. The purpose of these workshops is to help you to better understand your duties and how to perform them well. Below is the schedule of workshops. You may attend one, two, three or all four. Email Tom at waskiewicz@umext.umass.edu for the ZOOM log in information. All sessions take place from 3:00-4:00 P.M.

May 19 Treasurer

May 26 Jr. Leader/Teen Leader/Mentor

STEAM Activities from MIT

MIT Full STEAM Ahead is a collection of resources for teaching and learning online.

Choose from K-12 resources and packages, workforce learning, Higher education and more. New learning opportunities come out each week! Watch the video and look through the downloadable package. Go to <https://fullsteam.mit.edu/>.

To create music and sounds, go to: <https://fullsteam.mit.edu/week-4-package-making-music-and-sounds/>

4-H Office Contacts:

The 4-H Program is operating and available to answer questions. Reach out to your local office by email. Phone numbers are available at the 4-H Website at <https://ag.umass.edu/mass4h/about/office-locations-contacts>

State 4-H Office: Linda Horn, Interim Director - lrhorn@umext.umass.edu
Carrie Sears, 4-H Animal Science Program Manager – ccsears@umext.umass.edu
Kim Pond – 4-H SET Program Manager – kima@umext.umass.edu
Deb Comeau – State 4-H Administrative Assistant – dcomeau@umext.umass.edu

Western MA (Franklin, Hampshire, Hampden and Berkshire Counties):
Tom Waskiewicz, 4-H Educator – waskiewicz@umext.umass.edu
Angelica Paredes, 4-H Educator – angelica@umext.umass.edu

Southeastern MA (Bristol and Norfolk):
Jay Field, 4-H Educator – jfield@umext.umass.edu
Kim Henderson, Administrative Assistant – khenders@umext.umass.edu

Central MA (Worcester County):
Meg McDermott, 4-H Educator – memcdermott@umass.edu
Martina Jasiewicz, Administrative Assistant – mjasiewicz@umext.umass.edu

Northeastern MA (Essex, Middlesex, Suffolk):
VaShon Wallace-Hiltbold, Acting 4-H Educator – ywallace@umext.umass.edu
Pam LeFave, Program Assistant – plefave@umext.umass.edu
Debbie Beaubien, Administrative Assistant – debbieb@umext.umass.edu
Nancy McCarthy, Program Assistant – nmccarthy@umext.umass.edu

Plymouth County:

Molly Vollmer, 4-H Educator: mvollmer@umext.umass.edu

Valerie Schell, 4-H Educator: vschell@umext.umass.edu

Cathy Acampora, Administrative Assistant: acampora@umext.umass.edu

Barnstable County:

Judy Vollmer, 4-H Educator: jvollmer@barnstablecounty.org

Dawn Johnson, Administrative Assistant: dawn.johnson@barnstablecounty.org



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