



UMass Extension 4-H Program

October 15, 2021

Weekly NewsBlast

The UMass Extension 4-H E-NewsBlast is sent to all UMass 4-H families and volunteers. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to! Check these sites and your local county Facebook page for more details and for updates to programs: <https://ag.umass.edu/mass4h> and <https://www.facebook.com/Mass4H/>

Upcoming Dates to Remember:

- October 17 – Tractor Supply Company Paper Clover Campaign Ends
- October 18th – 7pm -League of Protein Producers Zoom Meeting
- October 19th – 7pm – MA 4-H Beef Advisory Zoom Meeting
- October 19 – 4-H Member Zoom: The Essential Elements of 4-H
- October 20th – 7pm – MA 4-H Rabbit Advisory Zoom Meeting
- October 20 – Career Exploration Series Zoom: Mara Breen
- Oct. 20-Club Basics & Putting the Experiential Learning Model to Practice
- October 21st – 7pm – New England 4-H Dairy Goat Zoom Meeting

Coming Soon! New 4-H Horticulture Series

Please stay tuned for details about a 4 week virtual Gardening and Horticulture series. The series will cover topics such as fall crop storage, seed saving, winter soil preparation, winter growing in New England, Spring planning and seed ordering. This is open to all 4-H members and volunteers.

4-H Club Officer Training – November and December

What is a 4-H club officer? Are there different roles, and what are their responsibilities? Learn about the leadership roles you might become involved with by attending this Zoom workshop series. Not all clubs have officers, but you can learn how you might help your club to develop these roles for 4-H members. During the series you will learn about the president, vice-president, secretary, treasurer, club reporter and events coordinator. Zoom sessions are on Tuesday evenings from 6:30-7:30PM. Contact VaShon Hiltbold at ywallace@umext.umass.edu to register.

November 30-President/Vice-President

December 7-Secretary

December 14-Treasurer

December 21-Club Reporter/Events Coordinator

Attention: LOOKING FOR 4-H HIGH SCHOOL SENIORS

Your senior year of high school is hectic, fun, and at times stressful! We are looking for high school seniors to provide input related to the college process! UMass Extension 4-H Program is developing a college prep program for sophomores and juniors in high school, potentially for seniors as well. The program will not be ready to roll out until next fall, but your help is needed now!

4-H members who are high school seniors are invited to join a virtual zoom brainstorming session with 4-H educators Meg McDermott and Angelica Paredes on October 26 at 6:30PM. What do you wish you knew about college essay writing, applying for college or for a job, interview techniques? Are there other areas you wish you knew about before you started the application process? **Register** for this focus group/brainstorming session *by Wednesday, October 20* at <https://bit.ly/3Faene2>

Zoom Info series designed for 4-H Members

Learn about 4-H history and how 4-H works from a behind the scenes view. This program is open to all 4-H members, whether new or returning! Join for one session or all four and discover more than you ever imagined about 4-H!

Meeting take place at 6:30PM on Zoom. To register contact 4-H Educator Tom Waskiewicz at waskiewicz@umass.edu

- October 19 - The Essential Elements of 4-H
- October 26 - The Structure & History of 4-H
- November 2 - Understanding the 4-H Culture.
- November 9 - Club Basics

4-H Volunteer Information Sessions

Volunteers are encouraged to attend the upcoming sessions of 4-H 101 to learn more about the UMass Extension 4-H Program. Click on this link to register <http://forms.gle/Tu5zru4u2FoA4q3Z6>. Or reach out to VaShon Hiltbold at vwallace@umass.edu with questions.

- Oct. 20-Club Basics & Putting the Experiential Learning Model to Practice
- Oct. 27-Conducting Club Meetings & Planning the 4-H Club Year
- Nov. 3-Marketing 4-H Clubs & Recruiting, Training and Recognizing Volunteers
- Nov. 10-Recognizing 4-H'ers Accomplishments & Making Action Plans

Animal Science Programs

Contact Carrie Sears with any questions or to register for any of the events below at ccsears@umext.umass.edu

Hold these dates for the following meetings:

October 18th – 7pm -League of Protein Producers Zoom Meeting
October 19th – 7pm – MA 4-H Beef Advisory Zoom Meeting
October 20th – 7pm – MA 4-H Rabbit Advisory Zoom Meeting
October 21st – 7pm – New England 4-H Dairy Goat Zoom Meeting
October 25th – 7pm – New England 4-H Beef Zoom Meeting
October 26th – 7pm – New England 4-H Dairy Zoom Meeting

Bringing Animals to Public Events

Fall is usually busy with community events and 4-H members bringing animals to visit with the public. Make sure to bring your Certificate of Veterinary Inspection (CVI) with you or if a canine, your most recent Rabies Certificate. Here is a good resource to review prior to your event - <https://www.healthyagriculture.org/training/livestock-poultry-public-settings/>

Animal Science Resources

Looking for ideas for your animal science club meetings? A good place to start is with your local county/regional 4-H office Resource Library. Most offices have a wide array of national 4-H curriculum series on the various animal species along with veterinary science. Another good resource is the Idaho Lesson Plan (Thank you Idaho 4-H for sharing). <https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/4-H/Animal-Science-Lesson-Plans/Idaho-Animal-Science-Skills-Checklist-Final.pdf?la=en&hash=C0D50E32528322891B5CB710B2AACFC2D78359E9>

Livestock Flashcards

The Next Level Flash Cards are great to use with your club to learn facts on anatomy to nutrition. Every 4-H Office has cards on sheep, dairy cattle, beef cattle, dairy goats and swine. Contact your local 4-H educator to borrow. Or you can purchase at <https://next-level-livestock.myshopify.com/collections/show-pig-flash-cards>

New Horse Resource –Modules on Equine Anatomy

Shari Morris, a Norfolk County 4-H Horse Leader and the State 4-H Horse Advisory Chair plus a miniature horse breeder has developed an equine anatomy site for our 4-H youth to access. A great reference to use when studying for our knowledge contests! The site is at <https://norfolk4hhorseshow.weebly.com/hippology.html> Thank you Shari for developing this great resource! Below is Shari driving her miniature Deuce at the recent AMHA Nationals in Texas.



Career Exploration Series

The UMass 4-H Career Exploration Series is a virtual Zoom series that brings youth and professionals together. Presenters discuss what their job REALLY entails, what it took to get where they are now, and maybe some opportunities that may have happened along the way. Youth can either talk directly with the presenter or put their comments or questions in the chat box!

October 20	Mara Breen, PhD Associate Professor of Psychology Mount Holyoke College Registration Link: https://bit.ly/3C0W8Fx	Mara Breen is an Associate Professor of Psychology at Mount Holyoke College. She holds a B.A. from Hampshire College and a Ph.D. in Cognitive Science from MIT. She teaches courses in Psychology, Neuroscience, Linguistics, and Music Cognition. In her research, she uses brain imaging methods to explore how the musical aspects of language (pitch and rhythm) help children learn to read.
November 3	Richard Harper, PhD Extension Associate Professor of Urban & Community Forestry University of Massachusetts, Amherst Registration Link: https://bit.ly/2YIUXMw	Richard W. Harper, PhD, is an Extension Associate Professor of Urban & Community Forestry @ the University of Massachusetts Amherst. Rick is a Past-President of the International Society of Arboriculture - New England Chapter (NEC ISA) and is an ISA Board Certified Master Arborist. He currently teaches courses in urban & community forestry and human dimensions of natural resources and administers an applied integrated research and extension program in urban forestry. He received his Ph.D. in Forest Resources-Arbiculture from UMass, an MS in Entomology from the University of Nebraska Lincoln. He is a recipient of ISA's 'Early Career Scientist' award and the 'Public Education Award' from Tree Canada.
November 17	Young Min Moon Department Chair and Professor Department of Art, College of Humanities and Fine Art UMass Amherst Registration Link: https://bit.ly/3AhjMgx	Born in South Korea, Young Min Moon immigrated to Canada when he was sixteen. After being in a hard rock band for a few years as a lead guitarist, Moon heard a 'calling' when he encountered van Gogh's paintings in a library. He gradually shifted his main interest from music to art. After finishing his college in Toronto, he obtained his master's degree in California. After working as a coordinator for a large international exhibition in Gwangju, South Korea, he moved to Cambridge, MA to work as a teaching assistant for a former professor in California, who got a job at Harvard. Although his years at Harvard were pretty miserable, he learned a great deal about the art of teaching. After a number of years of being confused, Moon eventually got a full-time teaching job in Florida and worked hard to become a good teacher. After he moved back to the northeast, he started writing about art. When he published his first book, Moon became known as a critic and expert in contemporary Korean art. While he was honored to be recognized as a writer, his art took a backseat. For years Moon tried to bring a good balance between his own art, writing, teaching, and being a parent. Over the past three decades Moon has had some successes in his art, but he also had many failures and rejections. But he doesn't let failures and rejections affect him very much. He keeps on making paintings, while writing and teaching. Moon is a painter at heart and feels happiest when he begins a painting. Recently he has been painting the motif of a low dinner table full of delicious foods for ghosts of ancestors. He is a professor and chair of the department of art at UMass Amherst.

Registration in UMass Extension 4-H

Have you re-enrolled for the New 4-H Year yet? There are resources to assist you on the UMass Extension 4-H website at <https://ag.umass.edu/mass4h/about/4h-online>

Having trouble? Here are some tips:

- In 4honline you should see a logo that is a circle with the initials rm in the center. If you do not see that logo, you may be using an old link or one you have bookmarked. Delete your old bookmark and instead go to <https://v2.4honline.com/#/user/sign-in>
- Membership Payment is found at the UMass 4-H website (<https://ag.umass.edu/mass4h>) Scroll down and look for the yellow "Membership Payment" tab on the right side of the page.
- You can reset your password in case you forgot what it is!
- If your e-mail has changed, or you are not sure which email address you used to log in, don't worry! Reach out to your local office and they can either look it up or reset it for you.
- Anyone who is a new member or interested in joining UMass Extension 4-H must contact their local 4-H educator to obtain the proper paperwork. A list of educators is at the end of the NewsBlast.

Safety Measures and precautions: UMass Extension 4-H not only requires everyone to wear a mask in any UMass building, including 4-H offices, but also for adult volunteers and youth members at 4-H club meetings or events. COVID guidance can change daily; following daily guidance of the CDC and UMass 4-H when holding 4-H club meetings is required. See below for more details. Thank you for helping to keep our 4-H members safe and healthy!

- Any 4-H club meetings or events held indoors: Masks must be worn by all participants and adults. All CDC/health guidance must be followed regarding social distancing at the time of the event or meeting.
- Any 4-H club meeting or event involving youth under 12: Masks must be worn by all participants and adults. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.
- Any outdoor 4-H club meetings or event: Masks must be worn by all participants and adults if youth under 12 are present. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.

UMass Extension 4-H Offices and Contact Information:

All those visiting UMass facilities, including 4-H offices, are required to wear face coverings in all indoor public spaces, including entries, exits, elevators, meeting rooms, restrooms and in all shared offices and work areas. This applies to vaccinated and non-vaccinated individuals. Thank you for your cooperation!

Please note that at this time, not all offices are staffed daily. Should you plan to visit one of the 4-H offices, be sure to call first to be sure that the office will be open. Thank you.

State 4-H Office: 100 Venture Way, Suite 334; Hadley MA 01035
Linda Horn, UMass Extension 4-H Program Director – lhorn@umext.umass.edu
Carrie Sears, 4-H Animal Science Program Manager – ccsears@umext.umass.edu
Deb Comeau – State 4-H Administrative Assistant – dcomeau@umext.umass.edu

Western MA: Franklin, Hampshire, Hampden and Berkshire Counties
100 Venture Way, Suite 334; Hadley MA 01035

Tom Waskiewicz, 4-H Educator – waskiewicz@umext.umass.edu
Angelica Paredes, 4-H Educator – angelica@umext.umass.edu
Lauren DuBois, Urban 4-H Educator – ldubois@umext.umass.edu
Lizmarie Lopez Ortiz, Urban 4-H Program Assistant - llopezortiz@umext.umass.edu

Central and Southeastern MA: Auburn 4-H Office: 7 Midstate Drive, Suite 102; Auburn MA 01501
Bristol and Norfolk Counties:

Cynthia A. Bushey, 4-H Educator – cabushey@umass.edu
Kim Henderson, Administrative Assistant – khenders@umext.umass.edu

Worcester County:

Meg McDermott, 4-H Educator – memcdermott@umass.edu
Martina Jasiewicz, Administrative Assistant – mjasiewicz@umext.umass.edu

Also at the Auburn office:

Kim Pond – 4-H SET Program Manager – kima@umext.umass.edu

Northeastern MA: Essex, Middlesex & Suffolk Counties:

Mt. Ida Campus, Hallden Hall; 100 Carlson Avenue, Newton, MA 02459

VaShon Wallace-Hiltbold, Acting 4-H Educator – vwallace@umext.umass.edu
Pam LeFave, Program Assistant – plefave@umext.umass.edu
Debbie Beaubien, Administrative Assistant – debbieb@umext.umass.edu
Nancy McCarthy, Program Assistant – nmccarthy@umext.umass.edu

Plymouth County: 44 Oberry Street, Plymouth MA 02360

Molly Vollmer, 4-H Educator: mvollmer@umext.umass.edu
Cathy Acampora, 4-H Educator: acampora@umext.umass.edu
Tia Quinn, Administrative Assistant: tquinn@plymouthcountyma.gov

Barnstable County: Box 367, Barnstable MA 02630

Sandi Shepherd-Gay, Barnstable County Youth Extension Educator:
sandi.shepherdgay@barnstablecounty.org
Dawn Johnson, Administrative Assistant: dawn.johnson@barnstablecounty.org



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