



Massachusetts 4-H Program

October 16, 2020

The UMass Extension 4-H E-NewsBlast is sent to all 4-H families and volunteers throughout the state. Each county 4-H office may add information that is specific to that county or region. Unless otherwise noted, all virtual programming is available to 4-H members throughout the state, not matter where you live or what club or group you belong to!

Enrolling for the 4-H Year

All volunteers must re-enroll in the 4honline database each year. Go to <http://ma.4honline.com> to update your information, being sure to verify your contact information, address, phone, and email are all correct. The 4honline system has been updated by the vendor, requiring a birthdate for all volunteers. Previously we were not required to list a birthdate for volunteers. The default birthdate for all volunteers is now 1/1/1920! It is not required for you to change the birthdate; you should still be able to access your information. However, if you have any issues, please contact your local 4-H office.

All returning members will re-enroll in 4honline at <http://ma.4honline.com>. If you are returning you already have a 4honline system profile; you do not need to create a new one! Just click “forgot password” and a temporary password will be sent to your email. Once you receive the temporary password, you can re-set it to create your own. Tip sheets on using 4honline are on the 4-H website at <https://ag.umass.edu/mass4h/about/4h-online>. If you do not see your club listed, check with your local educator. We are still obtaining some 2019-2020 club reports which must be returned before a club can re-enroll.

FEE FOR THIS YEAR ONLY: The fee to enroll has been reduced to \$40 this year. The deadline for re-enrollment for the \$40 participation fee is December 31. After that date, the enrollment fee doubles to \$80 per member. **The participation fee is not refundable for any reason.**

We are very aware that families may have financial strains due to many circumstances, including some caused by the Corona virus. Fees have been reduced, and families may still apply for waivers. Refer to the 4-H Website for details about how to apply, what evidence needs to be presented, and where to send the waiver https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/2020-2021_waiver_of_fee_guidelines_0.pdf Waivers must be submitted to your local 4-H educator and you must receive an approval before going online to re-enroll. After December 31, only half-waivers will be available; full waivers will no longer be an option.

Payment: Credit cards are processed through the UMass Bookstore, not through 4-HOnline directly. Because of this, you will have an extra step to follow. When enrolling a 4-H member, you will come to the Payment Screen. Here you need to select the option for **Non-Electronic Payment**. You are not able to pay by credit card on this page but instead need to go to the UMass Bookstore site to pay at <https://umassexextensionbookstore.com/products/87> We apologize for this extra step!

Local offices receive notifications of payments made and will approve once payment is made. New members will need to contact their local 4-H office to enroll. You will receive instructions on how to enter.

Record Book Judging & Key Award Applications

Record Books: Record books will still be judged! You can submit your records by email or regular mail this year. If emailing, scan this year’s records only and email them to your local 4-H educator. If mailing, find the address of your local 4-H office at the end of the NewsBlast and send a copy of this year’s records there. All submissions must be received by midnight, November 30, 2020.

Key Award: The 2020 Key Award application may be submitted by regular mail or by email to your local 4-H educator. The form is available at https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/key_award_application_2020.pdf and is due by midnight, November 30, 2020. If you already mailed in an application, you do not need to re-submit a new form!

Online Community Craft Workshop Series



Springfield Mass 4-H Youth Leaders Present:
COVID-19 Community Craft Workshop Series on 4 Tuesdays in November

Session 1- November 3, 2020, 3-4 pm

4-H Youth Facilitator: LaTasia Love

Project: *Painted Hearts 2 Different Ways*

Supplies needed: newspaper or table cloth, pencil, scissors, 2 small canvases, contact paper (aka kitchen shelf liner), 4 acrylic paint colors, cling wrap (aka plastic wrap), and an old credit (or any card).

Session 2- November 10, 2020, 3-4 pm

4-H Youth Facilitator: Audrey Amanfo

Project: *Cherry Blossom Art*

Supplies needed: recycled 2-liter soda bottle, newspaper or table cloth, paper plate, 1 medium canvas, 2 color paints, and a small paint brush.

Session 3- November 17, 2020, 3-4 pm

4-H Youth Facilitator: Jesanet Rivera

Project: *Stress Ball Made 2 Ways*

Supplies needed: funnel or top of recycled plastic bottle, 1 cup flour, balloons, and 1 cup rice, (* optional- essential oils).

Session 4- November 24, 2020, 3-4 pm

4-H Youth Facilitator: Imanni Hayes

Project: *Cloud Dough*

Supplies needed: ½ cup lotion, food coloring, 1 cup cornstarch, spoon and a mixing bowl.



The 4-H Springfield Mass Youth Leaders have created a 4 session workshop series of fun and easy crafts for all 4-H youth. Cloverbuds can participate with support of a family member. Scissors, paint and measuring will be involved. This opportunity was created specifically to connect and engage with other 4-hers throughout the state since all in-person events have been canceled for 2020. The 4-H Springfield Mass Youth Leaders have missed creating experiences with other 4-H participants and this is their way to create a virtual connection and new experience. 4-H youth can register to be a part of this workshop series by emailing ldubois@umass.edu

To Register: email 4-H Educator, Lauren DuBois at ldubois@umass.edu (You will receive a zoom link via email for the workshop series on 11/2/2020 at noon)



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Virtual Halloween Activities

Join Massachusetts 4-H for some virtual Haunted Happenings and Contests! Watch your email and the MA 4-H Facebook page **this weekend** for registration information. 4-H Cloverbuds, Members, and even adults and 4-H volunteers are encouraged to enter.

Contests include 1) Pumpkin Carving and Decorating for Cloverbuds 2) Animal Costume Class and 3) Scarecrow Contest. Deadline to enter is October 22nd. A virtual awards ceremony will take place on October 28th at 7pm. A slide show of the contestants and winners will be announced.



Clovertober Activities throughout the Month

The Acton CRAFT & Zingers Compact Club has created a "Clovertober" Team. As a way of virtually connecting together, the club has decided they are going to do a simple pen and ink drawing every day for the month of October. The goal was a 10-15 minute sketch with some sort of 4-H theme, hence the "Clovertober" in the name! We are looking forward to seeing all of the #clovertober and #clovertober2020 pictures on social media! Create a daily pen drawing based on the Clovertober prompt of the day

- Plan to spend just 10-15 minutes for a simple drawing
- As an added challenge to this 4-H activity, try to include a 4-H theme or feeling
- Take a picture of your drawing, post it on social media, tag your photo #clovertober and #clovertober2020

Clovertober 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Food	2. Slow	3. Building
4. Plants	5. Tired	6. Fan	7. Old	8. Time	9. Sticky	10. Wild
11. Sour	12. Pumpkin	13. Music	14. Shadow	15. Ocean	16. Sports	17. Fire
18. Team	19. Farm	20. Vehicle	21. Furry	22. Clothing	23. Dirty	24. Sight
25. Story	26. Royalty	27. Fairy	28. Icy	29. Fly	30. Sweet	31. Light



Tag your picture on social media using
 #clovertober and #clovertober2020



- As a community service project, include a short note of encouragement with your picture to brighten the days of people in nursing homes, hospitals, and your neighborhood
- Questions? Contact the Acton C.R.A.F.T. 4-H Leader, Elaine Shirron with "Clovertober" in the subject line at ElaineShirron@gmail.com

4-H Volunteer Virtual Conference – *This Saturday, October 17*

The Virginia Association of Adult 4-H Volunteer Leaders is holding a half-day virtual volunteer conference, on Saturday, October 17 from 10am-2pm. There will be some wonderful sessions to provide high quality skill and leadership development. Workshop sessions will be applicable to both volunteers and Extension personnel. All sessions will be on Zoom and also accessible via telephone

When

Saturday, October 17, 2020; 10:00 AM - 2:00 PM

Cost

This conference is FREE and open to everyone!

Registration / Session Access

Participants need to register online at <https://forms.gle/ZHcncwH7LwZkB9Qm7>. Everyone who registers will receive access information to each of the sessions.

General Sessions

Our welcome will be given by Frank Abbott, President of the Virginia Association of Adult 4-H Volunteer Leaders, and a "State of Virginia 4-H" update by Jeremy Johnson, Assistant Director and State 4-H Leader. Alyssa Walden, State Program Leader for Youth and Vice-President for Programs of the National Association of Extension 4-H Youth Development Professionals will provide a mid-day Lunch & Learn session.

Workshop Sessions

There are 5 fantastic sessions divided into two workshop blocs from which participants can choose.

Session Recordings

Each session will be recorded, and those registered will receive access to all recordings following the conclusion of the conference.

Complete Information

A complete schedule with session titles and descriptions is available at <https://sites.google.com/vt.edu/v3conference/v3-fall-2020>.

Animal Science

Zoom Meetings –

Regional 4-H Horse Meeting – October 20 – 6:30pm

New England 4-H Sheep Program – October 21 -6:00pm

New England 4-H Goat Program– October 24 – 1:00pm Contact Carrie Sears for details at ccsears@umext.umass.edu

Science from Home! Build your own bird feeders, press leaves, migration station and daylight measuring are just a few of the projects your club members can work on from home. Visit the site at https://ansp.org/exhibits/science-from-home/?gclid=CjwKCAjww5r8BRB6EiwArcckC5mRKOJs0USIHQCzWzI8v3_M2_qjN3EKdyPgAqIDnNjCjYrbCkACZmxoC_S4QAvD_BwE

Animal and Agricultural Storytime - Tuesdays at 11:30AM - Live on Facebook

Come listen to an agricultural or animal story live on Plymouth County 4-H Facebook page each Tuesday.

<https://www.facebook.com/plymouthcountyma4h>

Animal Biosecurity Learning Module:

For both adults and youth - Learn what steps you can make to your farm or barn area to help prevent disease transmission. This is a series that once you complete, you will receive a Certificate of Completion.

<https://www.healthyagriculture.org/training/youth-4h-ffa/biosecurity-learning-modules/?fbclid=IwAR1IJzRCBu5pDY3BZZHf49bnODD4WLqITD-LJw-4aI5LGzgUilyDjKEaDos>

On-line Quiz Bowl Platform

Clubs have the opportunity to practice knowledge questions on-line by using the free platform -

Buzzinlive <https://buzzin.live/> Up to 8 players can participate via Zoom. Easy to use and no limits on the amount of times you can play.

4-H Volunteer Professional Development Series:

4-H 101:

4-H Club Leaders, Advisory Council and Board Members are invited to attend this zoom for 4-H volunteers. To register and receive your zoom link, contact VaShon Wallace, vwallace@umext.umass.edu or Tom Waskiewicz, waskiewicz@umext.umass.edu. All sessions begin at 7:00PM

Series 1: Elements and Structure of 4-H-

The Essential Elements of 4-H Youth Development – October 13

The Organizational Structure and History of 4-H – October 20

Understanding the Culture of 4-H – October 27

Series 2: Engaging Youth 4-H- Begins November 3rd

Lesson 1 Understanding 4-H Youth Development Delivery

Lesson 2 Life Skills and the Experiential Learning Model

Lesson 3 Knowing and Using 4-H Curricula

Lesson 4 Putting the Experiential Learning Model to Practice

Online Programs

Bitmoji Classroom

Lauren DuBois, Springfield Educator and Kim Pond, State SET Educator, have teamed up to lead a Bitmoji classroom with a focus on Science, Engineering and Technology. During the month of October, they will be providing weekly activities that connect with the 2020 SET Challenge "Mars Bound" for an out of this world experience!

The program began on October 5; however you can still enroll in the interactive classroom. The classroom will be open to 4-H youth of all ages; however, the content and hands-on activities will target youth in grades 4 through 7. There will be 4 main activities offered each week of the month. In addition, there will be supplemental activities, videos and challenges to try. Watch for our "Moo the dog Mascot" to make an appearance. To register: email Lauren DuBois at ldubois@umext.umass.edu to let her know you are interested. Once registered you will receive the google classroom code



Let's Get Cooking - October 19-30 M,W,F 4:30-5:30 pm

6 Week basic cooking program \$25 Learn about kitchen safety, tools in the kitchen, oven baking, reading a recipe and more. Each week you will be given a shopping list so you can cook along. Pre-Registration required by Oct 1 Register at <https://plymouthcounty4h.org/4-h-lets-get-cooking> Instructor: Harley Anne Hamilton

4-H Gardening Series Continues!

Part two of the 4-H Gardening Series will begin on Thursday, November 12th at 7PM and run through Thursday December 17th, with a break for Thanksgiving. This series is for 4-H members 8-18 years of age. The series will address the importance of cover crops, soil evaluation and preparation, winter planning for spring planting, and an introduction to cold weather crops you can plant through the winter. Look for more information coming soon!



Massachusetts 4-H Foundation Online Auction

Time is running out to donate to the Massachusetts 4-H Foundation Auction! Can you donate something? Think about

- A **special skill** you can share and teach?
- A beautiful artistic piece you've made if you're creative?
- An **extra retail gift card** lying around?
- High-tech product, wine basket, or spa service?

Consider donating any one of these items to Massachusetts 4-H Foundation's online auction to be held **November 1-15**. Due to this year's financial squeeze of typical donors like restaurants and theaters, we need donations!

How to Donate - 3 Easy Options:

1. Make an [auction donation online](#) here

2. Email your donations to: lflanagan@mass4hfoundation.org
3. Mail or drop off your auction items to: Massachusetts 4-H Foundation, 1671 Worcester Road, Suite 403, Framingham, MA 01701

Contact **Laurie Flanagan, Executive Director**, if you have any questions, Phone 508-881-1244.

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Career Exploration Zoom Series

Talk with an expert and find out what it takes to become involved in specific careers. This popular series occurs every other week. Upcoming speakers are highlighted below. Everyone is welcome to attend, no matter your age or project area, Invite a friend to attend too; all are welcome! To obtain the Zoom link, contact Angelica Paredes at angelica@umext.umass.edu with: session date, youth name, club/school, County. Please add the state you live in if outside of Massachusetts!

OCTOBER 21	<p>Alexander Daugherty, J.D.</p> <p>Probation Officer for the Commonwealth of Massachusetts</p>	<p>Dr. Daugherty has worked as a Probation Officer for 23 years. His first 18 years were as a juvenile Probation Officer; currently he supervises adults on probation for criminal charges. In his role as Probation Officer he takes part in every aspect of a person's involvement with the courts, from paperwork to home visits to court appearances. He is also an Adjunct Professor at Massachusetts College of Liberal Arts. Alex teaches classes in Criminal Justice. Prior to working in the court system, he worked on legal issues within several different facets of housing, from title searches to adjudicating over housing disputes.</p>
NOVEMBER 4	<p>Dr. Robert Welton & Ashley Lantz</p> <p>Western Regional Office of the Chief Medical Examiner</p>	<p>Dr. Welton is a medical examiner at the Western Regional Office of the Office of the Chief Medical Examiner. He received his BS and MS in biological sciences from the University of Massachusetts at Lowell, PhD in biology from Boston College, MPH in epidemiology and biostatistics from Boston University School of Public Health, and his MD from the University of Illinois at Chicago. He completed his intern year in anesthesiology at the University of Illinois Medical Center, followed by a residency in anatomic and clinical pathology at Baystate Medical Center and a fellowship in forensic pathology at the Massachusetts Office of the Chief Examiner. He is currently board certified in Public Health and has been at the Chief Medical Examiner's Office for almost seven years.</p> <p>Ashely Lantz is a Medicolegal Investigator at the Western Regional Office of the Office of the Chief Medical Examiner in Massachusetts. She has a BA in anthropology with a minor in biology from Hartwick College and then received her MA with a focus in forensic anthropology from The George Washington University. She has worked at the Medical Examiner's Office for nearly ten years as a Medical Examiner Assistant, Office Support Specialist and now a Medicolegal Investigator. She participated in her first autopsy as a Clinical Pathology Assistant during college and completed an internship and</p>

		coursework at the Smithsonian National Museum of Natural History in Washington, D.C. while in graduate school.
NOVEMBER 18	Dan Weissbrodt Master Puppeteer-Artist-Designer-Vocal Actor, Extraordinaire!	<p>Dan Weissbrodt is currently with The Walt Disney Company under Disney Creative/Character Programming and Development. He is currently a puppet master/specialist, and programmer for Disney Cruise Line, Walt Disney Parks Live Entertainment, and Disney Creative Operations.</p> <p>Dan is also an award-winning television, film, theater performer, creative mind, puppeteer, and manager, who has received accolades for his work with such organizations as The Walt Disney Company, Children's Television Workshop, The Williamstown Theatre Festival, Disney+, Saturday Night Live, and The Moscow Ballet.</p> <p>He has an extensive decorating, design and fabrication background. His project design, and management highlights include the Fêtes de Noël in NYC's Bryant Park, award-winning Christmas windows (including the Macy's and Lord & Taylor displays), and numerous domestic and international productions.</p> <p>He views himself as a perennial teacher and student, and welcomes all opportunities that will further enrich his abilities. While his work has taken him around the globe, Weissbrodt is currently splitting time between North Adams, Ma. and Winter Garden, Florida</p>
December 2	Sarah Gardner, Certified Veterinary Technician.	<p>Sarah is a 10 year 4-H Alumni. Her 4-H Projects were Dairy Goats, Dogs, Community Service, Leadership, Veterinary Science, Photography, as well as all the public speaking and education that comes with showing these species at the fairs across New Hampshire. She attended NH Teen Conference, Citizenship Washington Focus in Washington, DC, and the National Dairy Quiz Bowl in Louisville, KY. She represented New Hampshire at the Eastern States Exposition showing Dairy Goats when she was 13, and dogs from the age of 14 - 19. She attended Vermont Technical College in Randolph Center Vermont, worked on the college's dairy farm, was a member of the Dairy Club, and was on the school's dairy show team. She graduated with an Associates of Applied Science with a Major in Veterinary Technology in 1994 and passed the NAVT and became a Certified Veterinary Technician the same year. She has been a 4-H leader for the past 25 years, currently a leader of the Dog, Goat club in her county and the leader of the only Swine Club in the state. She is on the state livestock curriculum committees, the Eastern States 4-H Dog Show Committee, and is also the advisor of the state 4-H Ag Ambassadors. She has been a Certified Veterinary Technician since 1994. Her current job of 17 years, is the Lead Veterinary Technician in a small animal hospital in southeast New Hampshire. The hospital is a very busy, 2 1/2 Doctor, hospital that focus' on routine care as well as dentistry, surgery, geriatric care , behavioral and alternative medicine.</p>
December 16	Nicholas Campbell, Alex Whiting, & Felix Soto	Microsoft (More details coming soon)

UConn 4-H presents: 4-H in 40
A Series of Virtual Workshops for Adults - Second Tuesday of each month at 7:00pm

This series of workshops is open to any interested adults from any state, including volunteers, 4-H leaders, parents, and community members. This is a rolling registration; it is open throughout the Each presentation is 20-30 minutes long, followed by 10-20 minutes discussion time for a total of 40 minutes!

Click on the "Register Here" link to register after the description of each individual workshop. The Zoom login will be emailed to you, along with any handouts that accompany workshops.

Workshops:

4-H Just in Time: Equity Dialogues for Youth, November 10, presented by Marc Cournoyer, UConn 4-HJ just
A timely and relevant resource for youth development workers from the National 4-H Program Leaders Working Group. Lessons are designed to foster honest conversations with youth about social justice issues.

[Register Here.](#)

What about Me? Protecting Your Body, Mind, and Well-Being in 2020/2021, December 8, presented by Allison Behnke, MSW, MA, Integrative Health Coach. Alli is a social worker, nutrition and health coach, and personal trainer with

an extensive back ground in mental health. She works with adults to find their bio-individual balance and achieve goals with nutrition, health, wellness, and lifestyle. [Register Here.](#)

Photography, January 12, Rachael Trowbridge, UConn 4-H member
Learn about composition and analyzing photos, and basics about DSLR cameras if desired. [Register Here.](#)

Parliamentary Procedures in Real Life, February 9, Emily Alger, UConn 4-H
How to use and teach 'Parli-Pro' in 4-H and community meetings. [Register Here.](#)

Re-engaging Youth in 4-H Programs, March 9, Emily Alger and Pam Gray, UConn 4-H
Kids disconnect from 4-H for many reasons- a real concern after extended virtual programming. Here's a look at why they disconnect and how to reconnect. [Register Here.](#)

Nourishing Herbal Infusions and Fermenting Vegetables, May 11, Emily Allard, UConn 4-H Leader
Using nature's bounty to prepare infusions, and using fermentation as food preservation. [Register Here.](#)

Fall Paper Clover Campaign - Ends October 18!



Tractor Supply Company will hold the fall paper clover campaign from October 7-18. This year no in-store participation from 4-H clubs or members is allowed. However, check with your local store to see if they will allow a static exhibit for 4-H! During this campaign, TSC is matching all purchases made with the TSC credit card as well! Let your local 4-H office know if you put up a display or have a photo of a 4-H display at your local store! We would love to share that with others!

Winter Workshop Forums:

SAVE THE DATE

Virtual

Massachusetts 4-H Winter Workshops

January 16-17 & January 23-24, 2021
10 AM – 2 PM (all days)
Come for one workshop or as many as you like.

4-H Youth Development

UMass Extension is a unit of the Center for Agriculture, Food & the Environment in the College of Natural Sciences. UMass Extension is an equal opportunity provider & employer, United States Department of Agriculture cooperating. Contact our local UMass Extension office for information on disability accommodations or the UMass Director if you have concerns related to discrimination 413-545-4800 or refer to www.extension.umass.edu/civilrights.

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The Winter Workshop Committee is busy finalizing the workshops for the virtual Massachusetts 4-H Winter Workshops! Sign up for one workshop or for many! A list will be coming out soon!

4-H Office Contacts:

The 4-H Program is operating and available to answer questions. Reach out to your local office by email. Phone numbers are available at the 4-H Website at <https://ag.umass.edu/mass4h/about/office-locations-contacts>

State 4-H Office: Linda Horn, Interim Director lrhorn@umext.umass.edu
Carrie Sears, 4-H Animal Science Program Manager – ccsears@umext.umass.edu
Kim Pond – 4-H SET Program Manager – kima@umext.umass.edu
Deb Comeau – State 4-H Administrative Assistant – dcomeau@umext.umass.edu

Western MA (Franklin, Hampshire, Hampden and Berkshire Counties):
Tom Waskiewicz, 4-H Educator – waskiewicz@umext.umass.edu
Angelica Paredes, 4-H Educator – angelica@umext.umass.edu

Southeastern MA (Bristol and Norfolk):
Meg McDermott, 4-H Educator – memcdermott@umass.edu
Kim Henderson, Administrative Assistant – khenders@umext.umass.edu

Central MA (Worcester County):
Meg McDermott, 4-H Educator – memcdermott@umass.edu
Martina Jasiewicz, Administrative Assistant – mjasiewicz@umext.umass.edu

Northeastern MA (Essex, Middlesex, Suffolk):
VaShon Wallace-Hiltbold, Acting 4-H Educator – vwallace@umext.umass.edu
Pam LeFave, Program Assistant – plefave@umext.umass.edu
Debbie Beaubien, Administrative Assistant – debbieb@umext.umass.edu
Nancy McCarthy, Program Assistant – nmccarthy@umext.umass.edu

Plymouth County:
Molly Vollmer, 4-H Educator: mvollmer@umext.umass.edu
Valerie Schell, 4-H Educator: vschell@umext.umass.edu
Cathy Acampora, Administrative Assistant: acampora@umext.umass.edu

Barnstable County:
Judy Vollmer, 4-H Educator: jvollmer@barnstablecounty.org
Dawn Johnson, Administrative Assistant: dawn.johnson@barnstablecounty.org

Massachusetts 4-H is an extension program at the University of Massachusetts. UMass 4-H follows the Massachusetts Governor's regulations for the re-opening of the state as well as the governance of the University of Massachusetts. Although guidelines for numbers of people who can gather have relaxed a bit for the state, the University guidance still states that no in-person 4-H meetings or activities are to take place at this time. This means our clubs and groups still may not meet in person. We will continue to monitor the situation and will allow in-person club meetings and activities to occur when university guidelines have been completed. We hope that your groups will continue to meet virtually and use some of the many programs, contests, and links that we have to offer online.



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