



# UMass Extension 4-H Program

October 8, 2021

Weekly NewsBlast

The UMass Extension 4-H E-NewsBlast is sent to all 4-H families and volunteers in Massachusetts. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to! Check these sites, and your local county Facebook page, for more details and for updates to programs: <https://ag.umass.edu/mass4h> and <https://www.facebook.com/Mass4H/>

## Upcoming Dates to Remember:

- October 3-10 – National 4-H Week!
- October 6-17 – Tractor Supply Company Paper Clover Campaign
- October 13 – 4-H Online Volunteer Training: Starting 4-H Clubs
- October 14 - Horse Chat
- October 19 – 4-H Member Zoom: The Essential Elements of 4-H
- October 20 – Career Exploration Series Zoom: Mara Breen

## Coming Soon! New 4-H Horticulture Series

Please stay tuned and keep an eye out for details about a 4 week virtual Gardening and Horticulture series. We will be covering topics such as fall crop storage, seed saving, winter soil preparation, winter growing in New England, Spring planning and seed ordering. This is open to all 4-H members and volunteers.

## Zoom Info series designed for 4-H Members

Come and learn about 4-H history and how 4-H works from a behind the scenes view. This program is open to all 4-H members, whether new or returning! Join for one session or all four and discover more than you ever imagined about 4-H!

Meeting take place at 6:30PM on Zoom. To register contact 4-H Educator Tom Waskiewicz at [waskiewicz@umass.edu](mailto:waskiewicz@umass.edu)

- October 19 - The Essential Elements of 4-H
- October 26 - The Structure & History of 4-H
- November 2 - Understanding the 4-H Culture.
- November 9 - Club Basics



## Online 4-H Volunteer Training

Volunteers are encouraged to attend the upcoming sessions of 4-H 101 to learn more about the UMass Extension 4-H Program. Click on this link to register <http://forms.gle/Tu5zru4u2FoA4q3Z6>. Or reach out to VaShon Hiltbold at [vwallace@umass.edu](mailto:vwallace@umass.edu) with questions.

- Oct. 13-Starting 4-H Clubs
- Oct. 20-Club Basics & Putting the Experiential Learning Model to Practice
- Oct. 27-Conducting Club Meetings & Planning the 4-H Club Year
- Nov. 3-Marketing 4-H Clubs & Recruiting, Training and Recognizing Volunteers
- Nov. 10-Recognizing 4-H'ers Accomplishments & Making Action Plans

## Animal Science Programs

Contact Carrie Sears with any questions or to register for any of the events below at [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

Hold these dates for the following meetings:

October 19<sup>th</sup> – 7pm – MA 4-H Beef Advisory Zoom Meeting

October 20<sup>th</sup> – 7pm – MA 4-H Rabbit Advisory Zoom Meeting

## Horse Chat

Are you interested in what other horse leaders are offering with their own clubs, what opportunities are available to youth or to bring suggestions on what you would like to see offered in the 4-H Horse Program? Please join us on **October 14<sup>th</sup> at 7pm via Zoom** to participate in an open discussion where everyone can share. Feel free to pass along to your county advisory members, parents and members. Shari Morris will be introducing participants to a Hippology series she has developed on Equine Anatomy. Meeting Link is <https://umass-amherst.zoom.us/j/99176056546>

## Bringing Animals to Public Events

Fall time is usually busy with community events and 4-H members bringing animals to visit with the public. Make sure to bring your Certificate of Veterinary Inspection (CVI) with you or if a canine, your most recent Rabies Certificate. Here is a good resource to review prior to your event -

<https://www.healthyaagriculture.org/training/livestock-poultry-public-settings/>

## Animal Science Resources

Looking for ideas for your animal science club meetings? A good place to start is with your local county/regional 4-H office Resource Library. Most offices have a wide array of national 4-H curriculum series on the various animal species along with veterinary science. Another good resource is the Idaho Lesson Plan (Thank you Idaho 4-H for sharing). <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/4-H/Animal-Science-Lesson-Plans/Idaho-Animal-Science-Skills-Checklist-Final.pdf?la=en&hash=C0D50E32528322891B5CB710B2AACFC2D78359E9>

## Livestock Flashcards:

The Next Level Flash Cards are great to use with your club to learn facts on anatomy to nutrition. Every 4-H Office has cards on sheep, dairy cattle, beef cattle, dairy goats and swine. Contact your local 4-H educator to borrow. Or you can purchase at <https://next-level-livestock.myshopify.com/collections/show-pig-flash-cards>

---

## Career Exploration Series

The UMass 4-H Career Exploration Series is a virtual Zoom series that brings youth and professionals together. Presenters discuss what their job REALLY entails, what it took to get where they are now, and maybe some opportunities that may have happened along the way. Youth can either talk directly with the presenter or put their comments or questions in the chat box!

October 20	Mara Breen, PhD  Associate Professor of Psychology Mount Holyoke College  Registration Link: <a href="https://bit.ly/3C0W8Fx">https://bit.ly/3C0W8Fx</a>	Mara Breen is an Associate Professor of Psychology at Mount Holyoke College. She holds a B.A. from Hampshire College and a Ph.D. in Cognitive Science from MIT. She teaches courses in Psychology, Neuroscience, Linguistics, and Music Cognition. In her research, she uses brain imaging methods to explore how the musical aspects of language (pitch and rhythm) help children learn to read.
November 3	Richard Harper, PhD  Extension Associate Professor of Urban & Community Forestry  University of Massachusetts, Amherst  Registration Link: <a href="https://bit.ly/2YIUXMw">https://bit.ly/2YIUXMw</a>	Richard W. Harper, PhD, is an Extension Associate Professor of Urban & Community Forestry @ the University of Massachusetts Amherst. Rick is a Past-President of the International Society of Arboriculture - New England Chapter (NEC ISA) and is an ISA Board Certified Master Arborist. He currently teaches courses in urban & community forestry and human dimensions of natural resources and administers an applied integrated research and extension program in urban forestry. He received his Ph.D. in Forest Resources-Arboriculture from UMass, an MS in Entomology from the University of Nebraska Lincoln. He is a recipient of ISA's 'Early Career Scientist' award and the 'Public Education Award' from Tree Canada.
November 17	Young Min Moon Department Chair and Professor Department of Art, College of Humanities and Fine Art UMass Amherst  Registration Link: <a href="https://bit.ly/3AhjMgq">https://bit.ly/3AhjMgq</a>	Born in South Korea, Young Min Moon immigrated to Canada when he was sixteen. After being in a hard rock band for a few years as a lead guitarist, Moon heard a 'calling' when he encountered van Gogh's paintings in a library. He gradually shifted his main interest from music to art. After finishing his college in Toronto, he obtained his master's degree in California. After working as a coordinator for a large international exhibition in Gwangju, South Korea, he moved to Cambridge, MA to work as a teaching assistant for a former professor in California, who got a job at Harvard. Although his years at Harvard were pretty miserable, he learned a great deal about the art of teaching.  After a number of years of being confused, Moon eventually got a full-time teaching job in Florida and worked hard to become a good teacher. After he moved back to the northeast, he started writing about art. When he published his first book, Moon became known as a critic and expert in contemporary Korean art. While he was honored to be recognized as a writer, his art took a backseat. For years Moon tried to bring a good balance between his own art, writing, teaching, and being a parent. Over the past three decades Moon has had some successes in his art, but he also had many failures and rejections. But he doesn't let failures and rejections affect him very much. He keeps on making paintings, while writing and teaching. Moon is

		a painter at heart and feels happiest when he begins a painting. Recently he has been painting the motif of a low dinner table full of delicious foods for ghosts of ancestors. He is a professor and chair of the department of art at UMass Amherst.
--	--	--

---

## Registration is still open for the 2021-2022 4-H Year

Thank you to those who have already reenrolled! For those who still need to, follow the directions below:

1. Log in and re-enroll all members and adult volunteers in your family by visiting [v2.4honline.com](http://v2.4honline.com) (You can also find a button for 4honline on the homepage of our website.)
2. All current 4-H members and volunteers already have a profile. If you do not remember the email you used to register your family or it has changed just let your office know and it can be updated or sent to you. Also check to see that your Code of Conduct is completed.
3. Please check your projects and clubs listed.
  - a. Only list a project once (Select the club associated best with that project)
  - b. You cannot be in the same project area in two different clubs, counties or states.  
For example: Sally is in a General Science club and a Rabbit club. She can do community service and leadership in both clubs, but if doing Leadership as a project should select the one that works best. She may decide to do Rabbits, Veterinary Science and Leadership in the Rabbit Club, but would not also list them in her General Science Club.
4. Once you re-enroll follow the direction on accessing the "Membership Payment" portion for MA 4-H to complete the process.
5. If you have new family members to add or are new to 4-H reach out to the local office for the required paperwork and process. (You can find your local office at the end of the newsblast.)
6. There are some resources under 4honline in the "about" section on our website, but also watch for upcoming zoom sessions and open houses.
7. \*NOTE: If you do not see your club listed it is likely that their end of year reports are still in process of getting submitted and approved so check with the leader. or local educator. Clubs should not be meeting until their materials are submitted and they are approved for the new year.

f

**Safety Measures and precautions:** UMass Extension 4-H not only requires everyone to wear a mask in any UMass building, including 4-H offices, but also for adult volunteers and youth members at 4-H club meetings or events. COVID guidance can change daily; following daily guidance of the CDC and UMass 4-H when holding 4-H club meetings is required. See below for more details. Thank you for helping to keep our 4-H members safe and healthy!

- Any 4-H club meetings or events held indoors: Masks must be worn by all participants and adults. All CDC/health guidance must be followed regarding social distancing at the time of the event or meeting.
- Any 4-H club meeting or event involving youth under 12: Masks must be worn by all participants and adults. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.
- Any outdoor 4-H club meetings or event: Masks must be worn by all participants and adults if youth under 12 are present. Youth must be socially distanced according to CDC guidelines at the time of the meeting or event.

---

## UMass Extension 4-H Offices and Contact Information:

All those visiting UMass facilities, including 4-H offices, are required to wear face coverings in all indoor public spaces, including entries, exits, elevators, meeting rooms, restrooms and in all shared offices and work areas. This applies to vaccinated and non-vaccinated individuals. Thank you for your cooperation!

Please note that at this time, not all offices are staffed daily. Should you plan to visit one of the 4-H offices, be sure to call first to be sure that the office will be open. Thank you.

State 4-H Office: 100 Venture Way, Suite 334; Hadley MA 01035

Linda Horn, UMass Extension 4-H Program Director [lrhorn@umext.umass.edu](mailto:lrhorn@umext.umass.edu)

Carrie Sears, 4-H Animal Science Program Manager – [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

Deb Comeau – State 4-H Administrative Assistant – [dcomeau@umext.umass.edu](mailto:dcomeau@umext.umass.edu)

Western MA: Franklin, Hampshire, Hampden and Berkshire Counties

100 Venture Way, Suite 334; Hadley MA 01035

Tom Waskiewicz, 4-H Educator – [waskiewicz@umext.umass.edu](mailto:waskiewicz@umext.umass.edu)

Angelica Paredes, 4-H Educator – [angelica@umext.umass.edu](mailto:angelica@umext.umass.edu)

Lauren DuBois, Urban 4-H Educator – [ldubois@umext.umass.edu](mailto:ldubois@umext.umass.edu)

Lizmarie Lopez Ortiz, Urban 4-H Program Assistant - [llopezortiz@umext.umass.edu](mailto:llopezortiz@umext.umass.edu)

Central and Southeastern MA: Auburn 4-H Office: 7 Midstate Drive, Suite 102; Auburn MA 01501

Bristol and Norfolk Counties:

Cynthia A. Bushey, 4-H Educator – [cabushey@umass.edu](mailto:cabushey@umass.edu)

Kim Henderson, Administrative Assistant – [khenders@umext.umass.edu](mailto:khenders@umext.umass.edu)

Worcester County:

Meg McDermott, 4-H Educator – [memcdermott@umass.edu](mailto:memcdermott@umass.edu)

Martina Jasiewicz, Administrative Assistant – [mjasiewicz@umext.umass.edu](mailto:mjasiewicz@umext.umass.edu)

Also at the Auburn office:

Kim Pond – 4-H SET Program Manager – [kima@umext.umass.edu](mailto:kima@umext.umass.edu)

Northeastern MA: Essex, Middlesex & Suffolk Counties:

Mt. Ida Campus, Hallden Hall; 100 Carlson Avenue, Newton, MA 02459

VaShon Wallace-Hiltbold, Acting 4-H Educator – [vwallace@umext.umass.edu](mailto:vwallace@umext.umass.edu)

Pam LeFave, Program Assistant – [plefave@umext.umass.edu](mailto:plefave@umext.umass.edu)

Debbie Beaubien, Administrative Assistant – [debbieb@umext.umass.edu](mailto:debbieb@umext.umass.edu)

Nancy McCarthy, Program Assistant – [nmccarthy@umext.umass.edu](mailto:nmccarthy@umext.umass.edu)

Plymouth County: 44 Obery Street, Plymouth MA 02360

Molly Vollmer, 4-H Educator: [mvollmer@umext.umass.edu](mailto:mvollmer@umext.umass.edu)

Cathy Acampora, 4-H Educator: [acampora@umext.umass.edu](mailto:acampora@umext.umass.edu)

Tia Quinn, Administrative Assistant: [tquinn@plymouthcountyma.gov](mailto:tquinn@plymouthcountyma.gov)

Barnstable County: Box 367, Barnstable MA 02630

Sandi Shepherd-Gay, Barnstable County Youth Extension Educator:

[sandi.shepherdgay@barnstablecounty.org](mailto:sandi.shepherdgay@barnstablecounty.org)

Dawn Johnson, Administrative Assistant: [dawn.johnson@barnstablecounty.org](mailto:dawn.johnson@barnstablecounty.org)



UMass Extension is a unit of the Center for Agriculture, Food & the Environment in the College of Natural Sciences. UMass Extension is an equal opportunity provider & employer, United States Department of Agriculture cooperating. Contact your local UMass Extension office for information on disability accommodations or the UMass Director if you have concerns related to discrimination, 413-545-4800 or refer to [www.extension.umass.edu/civilrights](http://www.extension.umass.edu/civilrights).

UNIVERSITY OF MASSACHUSETTS AMHERST