Massachusetts 4-H Program

March 19, 2021 **Weekly NewsBlast**

The UMass Extension 4-H E-NewsBlast is sent to all 4-H families and volunteers in Massachusetts. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to!

Check these sites, and your local county Facebook page, for more details and for updates to programs:
https://ag.umass.edu/mass4h
https://www.facebook.com/Mass4H/

Visual Presentations All Counties and Regions

All county, regional and state Visual Presentations have been held virtually through Zoom. Some counties did schedule additional times for presentations due to internet or other issues. Awards programs will be announced to all participants by their county educator – look for details in your email. If you have any questions about VP's contact the 4-H educator in the county or region where you participated.

State VP Event - April 10 & 11 – those qualifying at the county or regional level will be contacted

4-H Now – Members' 101

4-H NOW! will start next Wednesday, March 24th at 7:00PM. Learn More than You Ever Imagined about 4-H, including the history, the dedication to youth, and the connection to community. Attend the 4-H Now series and see how you can impact 4-H. By attending you can better understand the mission of 4-H, learn how you can help grow the program and share what 4-H means to you. Zoom sessions will be held on the following Wednesdays from 7-8PM on March 24, April 7, April 24 and May 5.

Contact VaShon Hiltpold at vwallace@umass.edu Put "4-H Now" in the subject line.

Life: Ready for YOUR World
For teens ages 12-18

It's inevitable, you will grow up and become an adult! This new series is set up to offer some important things everyone should know about life. Life can be hard, let's try to make it a little easier with some important lessons.
There will be 3 sessions to this series; you are encouraged to sign up for all, but any single session or any combination of them can be signed up for too. The sessions will be held on Tuesday evenings from 7-8PM. To register go to https://forms.gle/U8sqNaAGbH2iH2Wm8 This program is a collaboration between Massachusetts, Connecticut and Rhode Island 4-H Programs.

Session 1: Living
3/23 - You've got to EAT
3/30 - What's in your toolbox?
4/6 - Self Care

Session 2 - Finances
4/13 – Banking
4/20 – Expenses and Bills
4/27 - Budgeting
5.4 – Credit/Schmedit

Session 3 - Education/Career
5/11 - Exploring YOUR path
5/18 - Applying to college/jobs
5/25 - Volunteering & Networking

Animal Science

Contact Carrie Sears with any questions or to register for any of the events below at ccsears@umext.umass.edu

Zoom Meetings & Workshops
Monday, March 22 – 7:00pm – Ag Summit Team Meeting
Thursday, March 25 - 7:00pm – MA 4-H Dairy Team Meeting
Friday, March 26 – 7:00pm – MA 4-H Beef Team Meeting

Horse Workshops:
Thursday, April 1 – 7:00pm – Horse Author-Robin Hutton

State 4-H Horse Events:
State 4-H Roundup – Virtual Contest - Hippology & Horse Bowl – May 15
Horse Judging will be at a later date

NEW - Horse and Livestock Judging Practice Contests
Try out your skills at judging horses and livestock! Directions: Select the below links and once you enter the contest site, you will enter the code below for each respective contest under the Entry button. More contests for different species will be offered each week. Watch for swine and poultry next week.

Horse – Contest is open March 20-April 2 **Link:** https://www.livestockjudging.com/contest/details.aspx?id=289 **Entry Code:** ae54

Beef – Contest is open March 20-April 2 **Link:** https://www.livestockjudging.com/contest/details.aspx?id=291 **Entry Code:** t3cr

Dairy – Contest is open March 22-April 3 - **Link:** https://www.livestockjudging.com/contest/details.aspx?id=293 **Entry Code:** 5qyy

Sheep – Contest is open March 22 – April 5- **Link:** https://www.livestockjudging.com/contest/details.aspx?id=294 **Entry Code:** lscq

Horse Contest Practices with the Coaches:
March 23 & March 30 – 7pm – Communication Presentation Tips from Coach Darlene Welch
April 8 & 15 – 7pm – Hippology Contest Practice with Coach Shari Morris
April 9 & 16 – 7pm – Horse Bowl Practice with Coach Rose Blomgren
April 12 & 14 – 7pm – Horse Judging Practice with Coach Heather Chmura

National 4-H Horse Communications Team:
For youth trying out for the National Communication Teams. **Youth can present at the State 4-H Visual Presentations in the horse categories but must be actively enrolled in a horse club prior to the State 4-H Visual Presentations in order to be considered to be eligible for the National Communications Team.** Youth can join clubs virtually now so this should not be a barrier for a youth if a club is not in their immediate area.

Horse Verification Forms -
There is the possibility of holding a New England 4-H Show (former Eastern States 4-H Horse Show held during the September fair) on July 26-29. This will be dependent upon 4-H programs being open and 4-H participation being allowed. Youth will need to be 12 years of age (as of Jan 1, 2021) in order to show. Youth will apply as in the past and a horse verification will need to be supplied either prior or with your entry by the deadline date (TBD). Please watch for updates.

March 23rd is National Ag Day website https://www.agday.org/
National Ag Day proudly celebrates the wholesome contributions of our country's farms—and farm families—every March. American agriculture is the foundation of our country. It's the backbone of a healthy and prosperous nation, made possible by the hard work of America's farms and farm families. American agriculture brings everyone to the table. The Agriculture Council of America and our industry partners invite you to celebrate National Agriculture Day on March 23, 2021.

SURVEY
The 2021 Massachusetts Ag Summit Team Delegates would like your feedback on a new program that they are launching – ***From Lots to Plots*** The goal of the program is *to: Empower youth interested in gardening in both urban and rural settings.* Please take a few minutes to take the survey at: https://forms.gle/o58vfLRgFwpiKYDq8 Thank you!

STEAM Bitmoji Classroom Part 2

The 4-H Bitmoji STEAM Classroom is for all ages; however, this year's content is best suited for middle school to high-school aged youth (11-18 yrs.), and not recommended for Cloverbuds.

4-H Educator Lauren DuBois's Bitmoji Classroom will be uploaded at noon on Mondays. This class will focus on Citizen Science. How can we become better advocates for our world?

Classes focus on recycling, upcycling, minimalism, green washing, biodiversity, water conservation, drones, reducing our carbon footprint and more! A better future starts with us, and it starts now with education and little changes we can make in our daily lives. Try out fun hands on activities and learn from experts in their field of study. All classrooms are self-paced and are accessible at your convenience. If you took part in previous STEAM Bitmoji Classroom activities, you will receive an email with information. If you want to sign up for the first time, email ldubois@umass.edu for an invitation link to join.

4-H Volunteer Conference – THIS Saturday March 20

Theme: 4-H: Big Enough for Everyone!

There is still time to register for the free, virtual Conference for 4-H volunteers. This event is sponsored by the Virginia Association of Adult 4-H Volunteer Leaders and is open to all Massachusetts 4-H volunteers at no cost!

The conference date is Saturday March 20. Times for sessions are 9AM-3PM.There are 14 workshops to choose from in three concurrent sessions. Check the conference homepage which contains detailed descriptions of each session and a complete schedule at https://sites.google.com/vt.edu/vaspringconference21/home

To register go to: https://forms.gle/CJENcC25dRRL1Jv88
All conference registrants will be provided links to view the recordings of each session. That way you can see a session you missed or were not able to attend!

Wacky Winter Wildlife Bitmoji Series

How do some of our local wildlife animals adapt to life in a New England Winter? In this 4 part series, learn how animals adapt and handle life in the snow and cold. The series will focus on some rodents, large mammals, reptiles, and birds commonly found in New England. The series begins on March 1. Contact Cathy Acampora to sign up and obtain your link at acampora@umext.umass.edu

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Three New, Fun, Activities through Plymouth County 4-H

All classes taught by Cathy Acampora; Email her to register at acampora@umext.umass.edu

Eggciting, Easter Candy Countdown Craft – March 24th 7 pm on Zoom
Make an Easter Countdown wreath to open each day before Easter. Free for 4-Hers if they can pick up materials at the Plymouth County 4-H office; $5 for shipping if you are not able to. Or you can purchase the items at the dollar tree for about $6

Find your Inner "Peas" Planting program April 7th 7 pm on Zoom
Fun and creative ways to plant peas, a great introduction to gardening. Learn about pea planting and gardening in the early spring. Free for 4-H members and volunteers. $5 for non-members.

"Dig It!" Soil testing class April 14th 7 pm on Zoom.
All good gardens start from the ground up. Learn about the importance of soil testing and how to do it. Class includes a soil test kit and materials to help as well as a class on zoom. $15 for 4-H members; $25 for non-members

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Climate, Carbon & Canopy"

Thursdays-April 1, 8, 15, 22, 29 - 7-8:30PM

This 5-week virtual workshop series will start with an exploration of the relationship between weather and climate, then investigate the relationships between the greenhouse gas, carbon dioxide, and climate change. In weeks 3 and 4, the workshops will delve into the global carbon cycle, our individual carbon footprints, and what actions businesses and communities can take to help address climate change. We will end our workshop series with an examination of how trees are part of the global carbon cycle and the role of trees in the moderating climate change. As part of the workshop, each participant will become a member of the Arbor Day Foundation and receive 10 tree seedlings to plant. You will need access to Zoom and be using Google Sheets in this workshop.

Grade Levels: Middle through High School; Elementary School with support
Cost: $10-this is for membership in the Arbor Day Foundation and for tree seedlings. It is not a 4-H fee. Checks should be payable to: Hampshire County 4-H Advisory Council and mailed to: Leory Barry, Treasurer, Hampshire County 4-H Advisory Council, PO Box 817 Belchertown, MA 01007

JoAnn Fabrics and 4-H

JOANN

JoAnn Fabrics and 4-H have partnered again! Donations to 4-H will be collected at registers between March 1 and April 30, with a percentage of the donations coming directly to Massachusetts 4-H. Anyone can also donate online at https://4-h.org/4HJOANN.

During this time, if you are a JoAnn/4-H Rewards Card member, you will be eligible for special discounts. On April 18, JOANN will be hosting a free, take home craft event in all stores. The kits will include LEGO DOTs and kids who participate in the stores will be able to create a bunny and chick and coloring pages. In each craft bag with be messaging about donating to 4-H and creating opportunity for all.

Career Agsperience Program

Participate in the upcoming Career AGsperience Program, hosted by the University of Maryland Extension (UME) Maryland 4-H educators. This free, virtual program is open to any student ages 13 - 18 years old. Information gained will be great for any career/college choice, not just AG related.

This series will explore topics including:

- Career planning
- Resume development
- Internship acquisition
- Interviewing skills
- Business etiquette
- Agriculture Related Careers & Beyond

Sessions will take place every Wednesday night from 6:30 - 7:45 pm starting on April 7th and ending May 12th.

Register by April 1st using this google form If you have questions contact April Barczewski at adhall@umd.edu or Sheryl Bennett at sherylb@umd.edu

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Career Exploration Series

Register to attend any of the sessions by contacting Angelica Paredes at angelica@umext.umass.edu. Be sure to provide her with the session you wish to attend, your name, club or school, county and state where you are enrolled if a 4-H member.

April 7	James McDermott	**Musician** James McDermott has been chasing sounds for as long as he can remember. Since the age of six he has been obsessed with all things "noise." Pots and pans to his first electric guitar and drum set, music has consumed his life. Throughout middle and high school, he studied mandolin, tenor banjo, drum set, guitar and bass, in genres spanning across traditional Celtic to pop to trap, jazz and R&B. After defining a base and mastering the fundamentals of western popular music, he states that he "received the privilege of studying songwriting and music business marketing at Berklee College of Music in Boston, MA, graduating in 2013." Throughout college and the years since graduation he has accumulated a total of six years live touring experience with his first professional music project, Bay Faction. Playing markets throughout the entire United States, Canada and England have taught him the ins and outs of what it means to live off art in today's entertainment industry. James' first love is songwriting, and he's inspired every day to do just that.
April 21	Dr. Jennifer Hayden Epperson	**Executive Director, Kinship Radio Network, MN - Author** Helping others reach their potential is Jennifer's passion. Currently, she serves as the Executive Director of Kinship Radio Network in Minnesota. Previously, she was Moody Radio's Director of Research and Learning and has been station manager of both WRMB-89.3 FM (Moody Radio) and WFIF-1500 AM (Blount Communications) after getting her start in her native state of Rhode Island at WARV 1590-AM, Warwick. She is also the current Chairperson of the NRB's (National Religious Broadcasters) Radio committee. Jennifer has worked and taught in international contexts and spent five years as the Executive Producer of TWR's *Women of Hope* radio program. In 2012, she completed a doctorate in organizational leadership and has taught leadership and radio on the university level. Jennifer released her first book, *The Pioneer's Way: Leading a Trailblazing Life that Builds Meaning for Your Family, Your Community*, *and You* in October 2020**.** Jennifer's own 4-H experiences figure prominently in her book *The Pioneer's Way*. As a long-time member of the 4-H public speaking program, she was the 1983 Rhode Island state public speaking delegate to the 4-H Congress in Chicago. She credits her 4-H experience with her present success, and yes, her very existence. Her parents, both 4-H members, met at the Rocky Hill Fairgrounds in Rhode Island.
May 5	David Fox	**Carpenter, Electrical Engineer & Computer Design Engineer** Dave grew up in Bethesda, Md. His father, a forester, had a small poorly equipped shop in the basement where he fixed things. Dave learned about woodworking at a very early age by also 'fixing things' in that basement. He has always enjoyed making things, particularly of wood, and spent a lot of time in the shop making small pieces of wood out of larger pieces and bending nails! By the time he was ready for college, he had developed a fascination with electronics and tinkered with that more than woodworking. He went to Carnegie Mellon University and earned a degree in Electrical Engineering. After college he became a computer design engineer for over 20 years. Even as an engineer he always did woodworking in his spare time. Eventually, he grew tired of engineering and decided to switch careers and become a remodeling contractor. Running his own remodeling business and being the only employee kept him busy until retirement in 2016. Dave started a 4-H Woodworking Club around 2012, and it has been going ever since.

May 19	Sandra Choate	**Lawyer** In her former position, a day at Sandy's office was anything but routine! It could often involve meeting with lawmakers and their staff in the Capitol complex, being with government officials at any of the many agency headquarters located in Washington, D.C., or meeting with members of American Federation of Government Employees' National Executive Council Board of Directors). On days she was not in the office, she traveled extensively around the country to Conferences and Seminars, to various federal agency offices and to AFGE members' offices. Sandy Choate returned to private practice specializing in the area of federal legislative law after almost 19 years as the Assistant General Counsel-Legislation for the AFGE, AFL-CIO. She has worked on a wide range of issues affecting federal employees and has over 30 years' experience analyzing and drafting legislation; providing advice and guidance to Locals and federal employees particularly in the area of civil service law and regulations; and, has specialized expertise in the area of employment issues affecting federal firefighters. She has headed or served on numerous task forces for agencies including the Office of Personnel Management and the Department of Defense. Prior to her work with AFGE, Attorney Choate was in private practice where she represented numerous trade associations as their legislative counsel. She is a graduate of the American University with a B.S. degree in Business Administration/Financial Planning, and a Suma Cum Laude graduate of The George Mason University School of Law. She is a member of the D. C. and Virginia bars, the U.S. Supreme Courts, the U.S. Courts of Appeals for the Federal, D.C., Fourth and Eleventh Circuits, and the U. S. District Courts for D.C. and the Eastern and Western Districts of Virginia.

Congratulations STEAM Festival Participants!

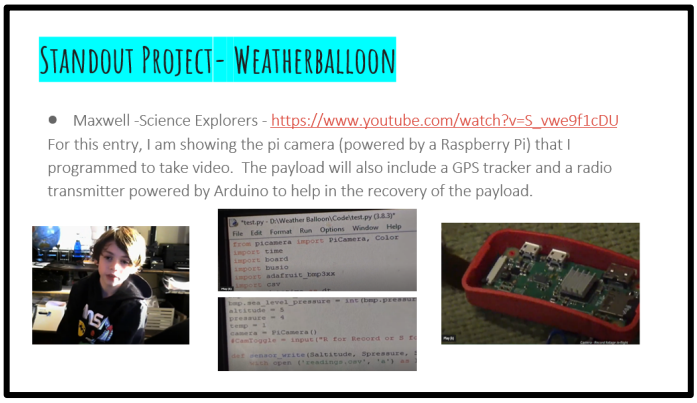
The first ever Massachusetts 4-H STEAM Festival was held in February and March with a total of 68 entries!. The awards event was held on Sunday, March 14 and featured a showcase of projects as well as announcing STEAM Festival Awards

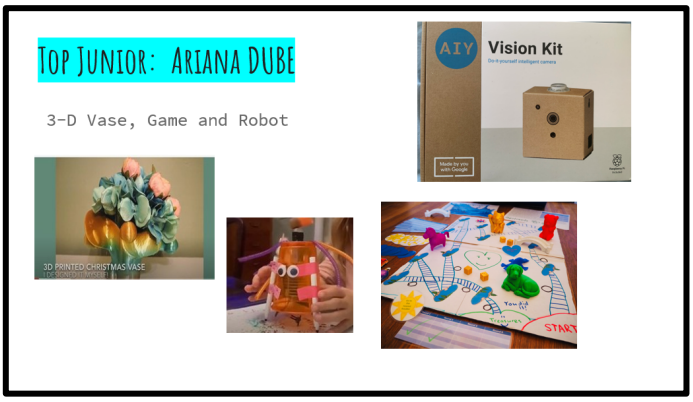
Participants included

Audrey Amanfo – Springfield
Kacie Bourbearu – Pepperell
Ryle Bourbeau - Pepperell
Ariane Dube - Westborough * Top Junior.
Amelia Germain – Uxbridge
Madelyn Germain - Uxbridge
Conrad Heaslip- Dedham
Falco Heaslip – Dedham
Rudofl Heaslip - Dedham
Maxwell Kendall - Medway * Standout Project for his Weatherballon
La'Tasia Love – Springfield
Faith Motta- North Adams *Top Senior
Hope Motta - North Adams *Top Senior
Alex Werner - Sturbridge

All participants will receive a letter and Dunkin Donuts Gift Card. Those receiving top awards will be receiving Pi Day prizes such as a Vision Kit with Artificial Intelligence, Domino Pizza Gift Certificate or a Raspberry Pi.

Visit the mass4h.org website to view a PowerPoint presentation showcasing many of this year's exhibits. We look forward to next year's STEAM Festival which will include classes for the 2021 SET Challenge and for many winter workshop projects as well as other new classes. Send your ideas for future classes to Kim Pond at kima@umext.umass.edu.





Odds and Ends

4-H & MA FARM BUREAU TRIVIA NIGHT!

Save the date of Monday, April 19th for the first Trivia Night with Co-hosts Dr. Weston Brown and Tom Waskiewicz. The Massachusetts Farm Bureau Promotion and Education Committee, 4-H, and Dr. Weston Brown are hosting a virtual trivia night on Facebook Live! Come test your knowledge of agriculture...from the comfort of your own home! Go to https://www.facebook.com/events/186501019549945/ to find out more.

There will be 4 rounds of 10 question each, all relating to agriculture. The live video will start at 6:45 p.m. to give everyone a chance to get situated. The questions will begin at 7:00 p.m. There will be a link to a google form that will be the answer sheet. The questions will be read aloud and presented on the screen, and you can answer on the google doc. At the end of the round, submit the sheet and it will be graded. Once you submit your answer sheet, click "Submit a new response" at the bottom of the page, and a new answer sheet will be generated for the next round. Dr. Brown will be keeping track of points and will announce the standings between each round, and the winners at the end. Some tips to keep in mind: (1)Please keep team names the same each round! (2)A computer would be the best way to participate in this event!

Earth Day Every Day Webinar Series
A free Earth Day, Every Day webinar series, sponsored by Rutgers University Cooperative Extension, will start soon! The interactive, live sessions will be held on Monday evenings at 6:30PM and last for an hour. The focus will be on steps everyone can take to protect the environment. See how each person can take actions that make our homes more sustainable; from environmentally-friendly lawn care, to recycling, to conducting a home energy audit, and more. For a list of workshops in the series and registration information, follow this link: https://envirostewards.rutgers.edu/Earth-Day.html

Virtual Experience for Equine Affaire Enthusiasts!
Equine Affaire will be a FREE virtual event this year on April 8-11, 2021
Log on with Equine Affaire for a new and exciting virtual equine event! Equine Affaire in Ohio is going entirely online at www.equineaffaire.comon April 8-11, 2021. You can also join the fun by following @equineaffaire on Facebook and Instagram. No tickets needed. The event will include digital learning, shopping, interviews and a lot of other experiences.

Eastern Equine Encephalitis (EEE) and West Nile Virus (WNV) are mosquito-borne viruses that cause neurologic disease in equines (horses, donkeys, mules), other animals, and people. **Routine vaccination can prevent these potentially fatal diseases** in equines. In 2020, drought conditions and mitigation efforts including vaccination eliminated EEE and WNV diagnoses in equines in Massachusetts. However, these diseases were still detected in mosquitoes across Massachusetts and in surrounding states. This means that **all Massachusetts horses remain at risk** for exposure to EEE and WNV.

The US Department of Agriculture has provided funds to the Massachusetts Department of Agricultural Resources to mitigate the effects of EEE through March 2022. The funds will primarily be used through the **MDAR EEE Vaccination Program**. The goal of this program is to ensure proper vaccination of equines who would not otherwise be vaccinated due to economic circumstances.

Participating equines will be **vaccinated against EEE and WNV for free** or at a discounted rate by a Massachusetts-licensed veterinarian. A blood sample collected at the time of vaccination will help veterinarians learn more about duration of vaccine protection and natural exposure to EEE. **Eligible equines are owned by Massachusetts residents who declare financial hardship**, are low-income, or are eligible for or receiving government assistance. Priority will be given to these owners over equine businesses and rescues. Assistance for rescues may be available through other organizations. **Owners interested in participating in the MDAR EEE Vaccination Program should contact their veterinarian**.

Meet the 4-H Team!

Each week we will feature some of the individuals who are part of the Massachusetts 4-H Team. This week say hello to the state 4-H office team.

Linda Horn is the Interim Director of the UMass Extension 4-H Youth Development Program. Prior to working for 4-H, Linda taught at the elementary school level. Before becoming a 4-H educator in Connecticut, she served as a 4-H volunteer. Linda has been with UMass 4-H since 2014, first holding the assistant director position. She has served on several National 4-H initiatives, including the National 4-H Curriculum Priority Setting Committee, the 4-H Curriculum Summit, and the evaluation team for the National 4-H Leadership Academy, and has been a reviewer and co-contributor for National 4-H curriculum. She has overseen several grants, including Massachusetts 4-H Military Partnership grants and two USDA Children, Youth and Families at Risk (CYFAR) grants.

Linda conducted and analyzed research on Teen Leadership Development as part of her doctoral work and holds a Ph.D. in Educational Psychology, with emphasis in Gifted Education, and a Master's degree in Curriculum and Instruction. Linda lives in Connecticut with her husband Ron. She spends her spare time reading, gardening, and creating numerous quilt projects.

Deb Comeau is the 4-H state administrative assistant, the assistant to the 4-H Director and works out of the Western Mass office in Amherst. She keeps the day-to-day business functions of accounting, time and attendance, and all the nuts-and-bolts tasks of the 4-H program running and supports the county offices in some of their business functions.

Deb completed her Bachelor's degree at the University of Massachusetts Amherst campus through the University Without Walls program with a business concentration in Organizational Development.
Deb is also a partner in business with her husband, Ed, where she is also in charge of the business operations.
Deb's hobbies include hiking, bird watching, kayaking, and gardening.

4-H Office Contacts:

The 4-H Program is operating and available to answer questions. Reach out to your local office by email. Phone numbers are available at the 4-H Website at https://ag.umass.edu/mass4h/about/office-locations-contacts

State 4-H Office: Linda Horn, Interim Director lrhorn@umext.umass.edu
Carrie Sears, 4-H Animal Science Program Manager – ccsears@umext.umass.edu
Kim Pond – 4-H SET Program Manager – kima@umext.umass.edu
Deb Comeau – State 4-H Administrative Assistant – dcomeau@umext.umass.edu

Western MA (Franklin, Hampshire, Hampden and Berkshire Counties):
Tom Waskiewicz, 4-H Educator – waskiewicz@umext.umass.edu
Angelica Paredes, 4-H Educator – angelica@umext.umass.edu
Lauren DuBois, Urban 4-H Educator – ldubois@umext.umass.edu
Lizmarie Lopez Ortiz, Urban 4-H Program Assistant - llopezortiz@umext.umass.edu

Southeastern MA (Bristol and Norfolk):
Meg McDermott, 4-H Educator –memcdermott@umass.edu
Kim Henderson, Administrative Assistant – khenders@umext.umass.edu

Central MA (Worcester County):
Meg McDermott, 4-H Educator – memcdermott@umass.edu
Martina Jasiewicz, Administrative Assistant – mjasiewicz@umext.umass.edu

Northeastern MA (Essex, Middlesex, Suffolk):
VaShon Wallace-Hiltpold, Acting 4-H Educator – vwallace@umext.umass.edu
Pam LeFave, Program Assistant – plefave@umext.umass.edu
Debbie Beaubien, Administrative Assistant – debbieb@umext.umass.edu
Nancy McCarthy, Program Assistant – nmccarthy@umext.umass.edu

Plymouth County:
Molly Vollmer, 4-H Educator: mvollmer@umext.umass.edu
Valerie Schell, 4-H Educator: vschell@umext.umass.edu
Cathy Acampora, Administrative Assistant: acampora@umext.umass.edu
Tia Quinn, Administrative Assistant: tquinn@plymouthcountyma.gov

Barnstable County:
Sandi Shepherd-Gay, Barnstable County Youth Extension Educator: sandi.shepherdgay@barnstablecounty.org
Dawn Johnson, Administrative Assistant: dawn.johnson@barnstablecounty.org

Massachusetts 4-H is an extension program at the University of Massachusetts. UMass 4-H follows the Massachusetts Governor's regulations for the re-opening of the state as well as the governance of the University of Massachusetts. Although guidelines for numbers of people who can gather have relaxed a bit for the state, the University guidance still states that no in-person 4-H meetings or activities are to take place at this time. This means our clubs and groups still may not meet in person. We will continue to monitor the situation and will allow in-person club meetings and activities to occur when university guidelines have been completed. We hope that your groups will continue to meet virtually and use some of the many programs, contests, and links that we have to offer online.

4-H Youth Development UMASS EXTENSION

UMass Extension is a unit of the Center for Agriculture, Food & the Environment in the College of Natural Sciences. UMass Extension is an equal opportunity provider & employer, United States Department of Agriculture cooperating. Contact your local UMass Extension office for information on disability accommodations or the UMass Director if you have concerns related to discrimination, 413-545-4800 or refer to www.extension.umass.edu/civilrights.

UNIVERSITY OF MASSACHUSETTS AMHERST