



## Important Enrollment Reminder

All 4-H members that would like to exhibit at 4-H fairs **must be officially enrolled or re-enrolled in 4-H by June 1<sup>st</sup>**. Please contact your regional 4-H Office with any questions.

## Upcoming 4-H Calendar of Events

Date	Title	Time & Location	Registration Information or Zoom Link
5/13	Livestock Judging	Zoom 7:00 PM	<a href="#">Zoom link</a>
5/15	4-H Discovery Club Meeting	Zoom 7:00 PM	<a href="#">New Interest Link</a>
5/16	Horse Chat	Zoom 7:00 PM	<a href="#">Horse Chat Link</a>
5/17	State 4-H Horse Advisory Meeting	Zoom 7:00 PM	
5/20-5/21	MA 4-H Dairy & Beef Academy	Three County Fairgrounds, Northampton, MA	
5/24	State 4-H Horse Show Committee Meeting	Zoom 7:00 PM	
6/3	Franklin County 4-H Horse Show	Craig Memorial Equestrian Center, 470 Long Plain Rd. Leverett, MA	<a href="#">Show Book</a>
6/14	Career Exploration Series	Zoom 7:00 PM	<a href="#">Registration Link</a>
6/24-6/25	State 4-H Horse Show	Three County Fairgrounds, Northampton, MA	<a href="#">Show Book</a>
6/25-6/27	Explore UMass	UMass Amherst	<a href="#">4honline</a>
7/8	Hampshire County 4-H Fair	Start time: 9 AM	
7/22	Hampden County Fair	ESE, Mallory Building West Springfield, MA	
7/28-7/30	Worcester County 4-H Fair	Spencer Fairgrounds	
8/4-8/6	MA State 4-H Dairy Show	Franklin County Fairgrounds, Greenfield	
8/25-8/27	Middlesex County Fair	Middlesex County Fairgrounds, Westford, MA	
9/8-9/10	Western Regional 4-H Horse Show	Three County Fairgrounds in Northampton, MA	

## Approaching Deadlines

Event/Application	Deadline	Link or Contact Info
Franklin County 4-H Horse Show Entries Due	5/20	<a href="#">Show Book &amp; Registration</a>
Verification forms due: Goat, Sheep, Llama, Alpaca and Swine, Dog	6/1	<a href="#">Livestock Verification Form, Livestock Lease Form, Dog Verification Form</a>
Worcester County 4-H Fair Class Entries Due	7/3	<a href="mailto:memcdermott@umass.edu">memcdermott@umass.edu</a>

# Get Ready for Fair Season!

## Animal Showing Health Requirements



If you plan on showing your project animal, now is the time to review the latest health requirements for fairs!

The 2023 MA Animal Health Regulations for Fairs & Shows are now on-line on the MA 4-H website on each species page along with the New England Fairs Health Requirements.

Poultry Exhibitors - You will need to have your flock tested and banded prior to the first show. Contact Megan Megrath, Poultry Inspector, Animal Health Division via email at [Megan.Megrath@mass.gov](mailto:Megan.Megrath@mass.gov) or by phone at 617-626-1798

## Animal Verification Forms

Now is the time to print off your Animal Verification and Lease Forms to plan for the upcoming show season. Animal Verification Forms are to be completed for all livestock, dogs, and horses that you plan to show at a 4-H fair, dog academies, and/or Big E 4-H Shows. *Note:* Lambs and kids born after June 1<sup>st</sup> are still eligible to show based on your fair's requirements, but you will still need to file a Verification Form on them once they are born.

**Youth must complete and submit their verification forms and make sure they are enrolled in the corresponding animal project in 4honline so they receive timely and important updates as they arise.** Remember, a 4-H member can join multiple clubs, but only one per project area. Verification Forms for the New England Horse show and Dairy and Beef have passed. Verification forms for Goat, Sheep, Llama, Alpaca and Swine, Dog are **due to your county/regional 4-H office by June 1<sup>st</sup>.**

Links to Verification and Lease forms:

- [Livestock Verification Form](#)
- [Livestock Lease Form](#)
- [Dog Verification Form](#)

## Plan Your Summer at the Fairs!

Please check this section frequently over the next several NewsBlasts. Updated information about 2023 fairs across MA this summer and early fall will be provided as it becomes available. Check out more information on Massachusetts Agricultural Fairs [here](#).

### Hampshire County 4-H Fair

The 2023 Hampshire County 4-H Fair will be held **Saturday, July 8<sup>th</sup>** starting at 9 AM. It will showcase youth achievements learned throughout the year.

### Hampden County Fair

Save the date for the 70<sup>th</sup> Anniversary of the Hampden County 4-H Fair at the Mallary Complex at the Eastern States Exposition in West Springfield, MA on **July 22<sup>nd</sup>**. Stay tuned for details!

### Worcester County 4-H Fair

Worcester County 4-H Fair will be held at the Spencer Fairgrounds **Friday, July 28<sup>th</sup> - Sunday, July 30<sup>th</sup>**. The 4-H fair is open to all counties and all Massachusetts 4-H members. Families are welcome to spend the weekend in campers or tents; camper hookups are available Please [contact Meg McDermott](#) for more information.

### Middlesex County Fair

**August 25-27** at Middlesex County Fairgrounds in Westford, MA. Stay tuned for details!

# Get Involved!

## Important Reminder for All Clubs

4-H clubs planning fundraisers or community events need to contact their local 4-H Educator to notify them prior to the event. Some events may require you to submit an American Income Life Special Risk Policy available at <https://www.ailife.com/specialriskdivision/activityreport>. If you have questions, please reach out to your regional 4-H Educator.

### Exploring Veterinary Science Academy

The 2023 UMass Exploring Veterinary Science Academy registration is open! Join us **June 3 - 4** at the UMass Horse Farm, Hadley, MA where you will work with veterinarians and undergraduate pre-vet students in hands-on workshops.

[Click here](#) for information and to register.

### Explore UMass!

Explore UMass is an overnight program held on the UMass Amherst Campus from **June 25-27, 2023** for MA 4-H Members going into the 7-11 grades for 2023-2024 school year. Participants arrive at 2pm on Sunday and leave 1:30pm on Tuesday. Registration is through [4honline](#) and cost is \$200.00 or \$100.00 for all active MA 4-H members thanks to the Massachusetts 4-H Foundation and Tractor Supply Company through the Fall Paper Clover campaign. Directions on payment will be sent upon completion of registration. Registration will be approved once payment is received. In early June a packet will be sent with directions and what to bring. Those in the Veterinary Science track will also receive a liability release. Tracks/Session choices:

Food Science	Have you ever wondered how your food is prepared, processed, and packaged? How can you make food tastier and healthier? Food scientists answer these questions and many more as they develop the food we eat every day from farm to fork. Get hands-on with food science; join the lab table to create and eat! (Select only one session.)
Veterinary Science	Participants in the Veterinary Science track will learn what life is like as an undergrad PreVet major. You will explore what classes you should be taking from college students to help you prepare for your undergrad studies. Hands-on workshops dealing with anatomy, basic clinical skills such as taking vitals and animal restraint, parasite id plus much more. Participants will be working with small livestock (goats and sheep) as well as horses. You will be working with animals so coveralls will be provided. No sandals, open-toed shoes or flip flops will be allowed. Only sneakers, boots or enclosed shoes. (Select only one session.)
Health Science	Exploring Healthcare Science: Learn to take vital signs and understand their meaning. Explore body mechanics used in lifting and moving a patient or objects around the house. Get your feet wet in the Nursing Clinical Simulation Laboratory and test your knowledge with a simulation. No sandals, open-toed shoes or flip flops will be allowed. Only sneakers, boots or enclosed shoes. (Select only one session.)
Engineering	Engage with a registered architect and certified urban planner who works at UMass Amherst. You'll do a fun hands-on design activity and learn about this career field.

## UMass Extension Career Exploration Series

"What would you do if your best dog ever became paralyzed overnight? Euthanize or make her some wheels to get around while she healed?"

~Leslie



Sometimes life throws you a curve and changes the course of your life! During our next Career Exploration Series event, come meet and learn from Leslie Grinnell, President of [Eddie's Wheels](https://www.eddie'swheels.com).

Wednesday, June 14, 2023

7-8 PM via Zoom

Registration link: <https://bit.ly/CES6-14-23>

## Join the GIS Mappers!

The graphic is a white rectangular area with a decorative border of yellow and green chevrons. On the left, there is an illustration of a person with a backpack and a map. On the right, there is an illustration of a world map with red location pins. At the bottom left is the 4H logo (a green four-leaf clover with 'H' on each leaf). At the bottom right is an illustration of two people looking at a large tablet displaying a map. The text is centered and reads: "MASSACHUSETTS 4H PROGRAM" in a small, black, sans-serif font. Below that, "JOIN THE MA 4-H YOUTH GIS MAPPERS!" is written in a large, bold, yellow, sans-serif font. Underneath, in a smaller black font, it says: "Do you have an interest in exploring your community, learning about computer science, and developing key skills in a fun and interactive way? Join us!". Below that, in a bold yellow font, it says: "OPEN TO YOUTH AGES 13-18 NO MAPPING OR COMPUTER SKILLS REQUIRED!". At the bottom, in a small black font, it says: "Interested in joining the team? Contact Kim Pond for more information: [kimaeumext.umass.edu](mailto:kimaeumext.umass.edu)". At the very bottom, in a red font, it says: "(Also in search of speakers and project leaders already skilled in GIS mapping and community exploration!)".

MASSACHUSETTS 4H PROGRAM

# JOIN THE MA 4-H YOUTH GIS MAPPERS!

Do you have an interest in exploring your community, learning about computer science, and developing key skills in a fun and interactive way? Join us!

**OPEN TO YOUTH AGES 13-18  
NO MAPPING OR COMPUTER SKILLS REQUIRED!**

Interested in joining the team?  
Contact Kim Pond for more information: [kimaeumext.umass.edu](mailto:kimaeumext.umass.edu)

(Also in search of speakers and project leaders already skilled in GIS mapping and community exploration!)

## Military Appreciation Month

Military Appreciation Month was introduced in 1999 by Sen. John McCain to encourage Americans to reflect on the sacrifices made by soldiers, sailors, and all current and former military personnel. May culminates with a celebration of Memorial Day, which is set aside to honor military members who have passed away. Here is a list of sites to learn more about Memorial Day and other national holidays and celebrations:

- History of Memorial Day <https://www.history.com/topics/holidays/memorial-day-history>
- Learn more about the different Holidays and celebrations at: <https://www.veteranaid.org/blog/2016/06/30/thedifference-between-memorial-day-independence-day-and-veterans-day/>

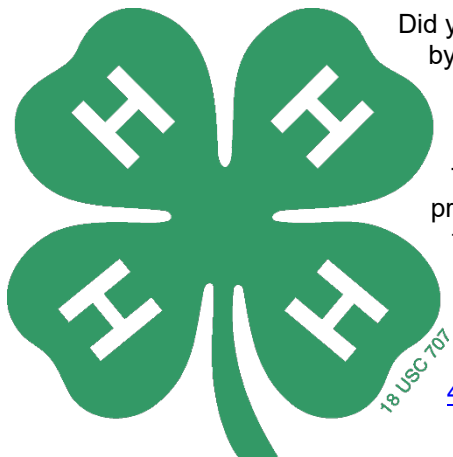
## June 14<sup>th</sup> is Flag Day!

Want to learn more about the flag: how it is to be displayed, folded, raised/lowered and when the time comes, how to properly disposed of a flag? The American Legion Flag website has many resources on the meaning and handling of the American flag. <https://www.legion.org/flag>

Additional Flag Resources & Activities:

- Displaying the Flag with Images: <https://www.va.gov/opa/publications/celebrate/flagdisplay.pdf>
- Flag Folding Activity: <https://www.extension.purdue.edu/4-H/docs/volunteer/resources-and-development/civic-engagement/4-h-civic-engagement-flag-ceremonies-lesson-plan.pdf>
- Flag Etiquette for 4-H Meetings: <https://walworth.extension.wisc.edu/files/2011/02/Flag-Etiquette-for-4-HMeetings.pdf>

## 4-H Clover Fun Fact



Did you also know the 4-H Name and Emblem are a Federal Mark, protected by 18 USC 707? These protections place the 4-H emblem in a unique category of protected emblems, along with the U.S. Presidential Seal, and Smokey the Bear!

This means if you are using the 4-H clover as part of a club banner, fair project, or club t-shirts, you can't change how the clover looks or remove those little letters and numbers in the bottom right corner.

Learn more!

[History of the 4-H Clover](#)

[Short Version of 4-H Clover Use Guidelines](#)

[4-H Name & Emblem Handbook](#)

## Animal Science Programs & Updates

### Updated Sheep & Goat Resources

Some new updated resources on sheep and goats are available at:

<https://extension.umd.edu/programs/agriculture-food-systems/program-areas/animal-science/sheep-and-goats>

### State 4-H Horse Show Entry Book

The State 4-H Show is back! The committee has planned a fun-filled weekend. You can show one day or stay the weekend. The show is **June 24-25, 2023** at the Three County Fairgrounds in Northampton, MA. A great show to attend! The entry book is now on-line at [https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/2023\\_state\\_4-h\\_horse\\_show\\_book.docx.pdf](https://ag.umass.edu/sites/ag.umass.edu/files/pdf-doc-ppt/2023_state_4-h_horse_show_book.docx.pdf).

## Horse Shows

**Franklin County 4-H Horse Show** — June 3 — [Entry Book](#)

**State 4-H Horse Show** – June 24 & 25 – Three County Fairgrounds, Northampton, MA

**Western Regional 4-H Horse Show** – September 8-10 — Three County Fairgrounds, Northampton, MA—  
[Entry Book](#)

Be sure to contact Carrie Sears at [ccsears@umass.edu](mailto:ccsears@umass.edu) with any animal science questions.

## STEM Programs & Updates

### May 8-12th - Scratch Week



Scratch Week is a global, virtual celebration of Scratch and Scratch Jr. MIT invites you to imagine, create, and share along with them in the Scratch online community all week long in their featured studios and daily themes. Learn more about Scratch day on May 13<sup>th</sup> at <https://www.scratchfoundation.org/scratch-day>. You also can check your local fair for Technology projects and the 2024 MA 4-H STEAM Festival to enter your work.

Do you want to conduct a short-term project with your club or others? For more information contact Kim Pond at [kima@umass.edu](mailto:kima@umass.edu)

## Scholarship Opportunities



If you have received your college acceptance letter, now is the time to start researching scholarship opportunities. To assist you, we have listed some of the available 4-H scholarships on the [MA 4-H website](#).

Scholarships may also be available if you are a member of an organization, such as a fair, agricultural group, livestock association or science group. Another site to explore is the [Massachusetts scholarship listing](#). Plus, reach out to friends who are in college to give you advice.

## Young Adult Summer Job Opportunities

### 4-H Camp Middlesex

4-H Camp Middlesex is currently seeking candidates to join their staff this summer as Barnyard Counselors. They have a small barn with pigs, sheep, chickens, rabbits, and goats. The counselors teach lessons about the animals, not only about their biology but also how to care for them and also help to maintain the barn. These counselors are also overnight counselors, working as regular camp staff for the summer. Open to individuals age 18 or older. [Apply here](#). For more information, [contact Jessica Briley](#), Hiring Manager at 4-H Camp Middlesex. For more information about the camp, visit [campmiddlesex.com](http://campmiddlesex.com).

### Farm and Garden Camp

Want to get your hands dirty while teaching kids and having fun? Come work at Farm and Garden Camp at the Hampshire College Farm Center! We pride ourselves on providing an environment for staff that enables personal and professional growth, a sense of community, and skill development as an educator. Farm and Garden Camp is hiring Instructors, Apprentices and CITs for this summer's staff. Information can be found [on the website](#). Please direct your questions to Leigh Witzling, Camp Director, at [farmcampdirector@gmail.com](mailto:farmcampdirector@gmail.com).

## 4-H Volunteer Stories

Thank you, 4-H volunteers! April is National Volunteer Appreciation month and in 4-H we know that the amazing work we do is not possible without all of our dedicated volunteers! To honor our volunteers, we would like to post volunteer stories and pictures routinely on the MA 4-H Facebook page. In these stories we would like to hear about what 4-H means to you, how you have seen it positively impact the lives of youth and volunteers, and your favorite part of 4-H.

If you would like to feature a volunteer (with their permission) or be featured, please send stories and any photos to Martina Jasiewicz [mjasiewicz@umext.umass.edu](mailto:mjasiewicz@umext.umass.edu).

## Community Service

### Season 2 of the Seasons of Giving Program

Thanks to all who participated in the first Season of Giving Community Service Program. Club Leaders should have received the items they requested. The second season (mid-January to mid-April) has wrapped up and club leaders should have received the link to submit any community service they have done.



### What is the Four Seasons of Giving Program?

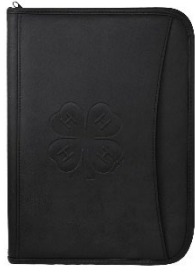
Service to others has always been an important part of the 4-H club program. One part of the 4-H pledge states, "I pledge my hands to larger service." An entire section of the 4-H Summary Record is dedicated to the documentation of community service done by each 4-H member.

4-H groups often conduct community service projects in local communities where they meet. These projects include community beautification, collecting donations for food pantries, raising money for charities, volunteering in nursing homes and donating needed items to hospice and hospitals, to name just a few.

Find the details about our current list of ideas and incentives: [2022-2023 Four Seasons of Giving](#).

Club leaders will receive an email at the end of each season when it is time to report their results. Thanks in advance for contributing to this statewide effort!

If this is your club's first time participating, the first season options are available for your club to choose from (see past NewsBlasts or the Four Seasons of Giving link above for more information). If this is your club's second season of participation this year, you have leveled up! Your club will have these prize options to choose from:



Zippered Portfolio



Scrapbook Kit & Cards



Gavel



Tote with Club Name

More information is on the website along with ideas for community service:

<https://ag.umass.edu/mass4h/clubs-programs/community-service>

## National 4-H Youth Opportunities

### True Leaders in Equity Institute



National 4-H Council is pleased to offer the True Leaders in Equity Institute from July 10-13, 2023, in Bethesda, Maryland. The Institute prepares youth and adult teams—leaders in the Cooperative Extension System—to become change agents championing equity-related issues. **The application deadline is June 1st at 5:00 PM ET.** [Register Here.](#)

## Massachusetts 4-H Foundation

### Share your 4-H love on TV!

WCVB, Channel 5 has a great segment that anyone can get involved with for their morning news. Participate by submitting a Wake Up Call for the Eyeopener! It's easy to participate. All you need is a smartphone and an energetic group.

Click here for the easy step by step: <https://www.wcvb.com/article/see-yourself-on-the-eyeopener-submit-a-wake-up-call/10295151>

### Club Grant for New 4-H Clubs

We are pleased to add a new club grant option to the Foundation's Grants Program. This specific grant is for \$150 and is available to new 4-H clubs to support start up needs such as meeting space cost, t-shirts, sweatshirts, program supplies, etc. [Club Grant for New 4-H Clubs Form](#)

Carrie Myers  
Executive Director  
[cmyers@mass4hfoundation.org](mailto:cmyers@mass4hfoundation.org)  
508-881-1244



Massachusetts **4-H** Foundation  
FOSTERING YOUTH DEVELOPMENT



# UMass Extension 4-H Offices and Contact Information

## **State 4-H & Western MA Office:** *Berkshire, Franklin, Hampshire, & Hampden Counties*

100 Venture Way, Suite 334; Hadley MA 01035

Carrie Sears, 4-H Animal Science Program Manager – [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

Angelica Diaz-Heyman, 4-H Educator – [angelica@umext.umass.edu](mailto:angelica@umext.umass.edu)

Lauren DuBois, Urban 4-H Educator – [ldubois@umext.umass.edu](mailto:ldubois@umext.umass.edu)

Lizmarie Ulloa, Urban 4-H Program Assistant – [llopezortiz@umext.umass.edu](mailto:llopezortiz@umext.umass.edu)

## **Central Southeast MA Office:** *Worcester, Norfolk, & Bristol Counties*

7 Midstate Drive, Suite 102; Auburn MA 01501

Cynthia A. Bushey, Southeast Region 4-H Educator – [cabushey@umass.edu](mailto:cabushey@umass.edu)

Kim Henderson, Southeast Region Administrative Assistant – [khenderson@umext.umass.edu](mailto:khenderson@umext.umass.edu)

Meg McDermott, State 4-H Interim Director & Worcester County 4-H Educator – [memcdermott@umass.edu](mailto:memcdermott@umass.edu)

Martina Jasiewicz, Worcester County Administrative Assistant – [mjasiewicz@umext.umass.edu](mailto:mjasiewicz@umext.umass.edu)

Kim Pond, 4-H SET Program Manager – [kima@umext.umass.edu](mailto:kima@umext.umass.edu)

## **Northeastern MA Office:** *Essex, Middlesex & Suffolk Counties*

UMass Mt. Ida Campus, Miller Hall; 100 Carlson Avenue, Newton, MA 02459

Heather Thibodeau, 4-H Educator – [hthibodeau@umass.edu](mailto:hthibodeau@umass.edu)

Va Shon Wallace-Hiltbold, 4-H Educator – [vawallace@umext.umass.edu](mailto:vawallace@umext.umass.edu)

Debbie Beaubien, Administrative Assistant – [debbieb@umext.umass.edu](mailto:debbieb@umext.umass.edu)

Nancy McCarthy, Program Assistant – [nmccarthy@umext.umass.edu](mailto:nmccarthy@umext.umass.edu)

## **Plymouth County Office:** *Plymouth County*

44 Obery Street, Plymouth MA 02360

Molly Vollmer, 4-H Educator: [mvollmer@umext.umass.edu](mailto:mvollmer@umext.umass.edu)

Cathy Acampora, 4-H Educator: [acampora@umext.umass.edu](mailto:acampora@umext.umass.edu)

Meghan Riley, Ag Extension Educator: [mriley@plymouthcountyma.org](mailto:mriley@plymouthcountyma.org)

Cheryl Mechan, Administrative Assistant: [cmechan@umass.edu](mailto:cmechan@umass.edu)

## **Barnstable County Office:** *Barnstable County*

Box 367, Barnstable MA 02630

Sandi Shepherd-Gay, Barnstable County Youth Extension

Educator: [sandi.shepherdgay@barnstablecounty.org](mailto:sandi.shepherdgay@barnstablecounty.org)

Laura Notarangelo, Administrative Assistant: [laura.notarangelo@barnstablecounty.org](mailto:laura.notarangelo@barnstablecounty.org)

---

*The UMass Extension 4-H E-NewsBlast is sent to all UMass 4-H families and volunteers. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to! Check these sites and your local county Facebook page for more details and for updates to programs: <https://ag.umass.edu/mass4h> and <https://www.facebook.com/Mass4H/>. Archived editions can be found at <https://ag.umass.edu/mass4h>. The NewsBlast is sent to family emails unless specific requests are made.*



UMass Extension is a unit of the Center for Agriculture, Food & the Environment in the College of Natural Sciences. UMass Extension is an equal opportunity provider & employer, United States Department of Agriculture cooperating. Contact your local UMass Extension office for information on disability accommodations or the UMass Director if you have concerns related to discrimination, 413-545-4800 or refer to [www.extension.umass.edu/civilrights](http://www.extension.umass.edu/civilrights).

UNIVERSITY OF MASSACHUSETTS AMHERST