



4-H

Babysitters Training Course

Excellence in Child Care



WANTED: ONE CARING ADULT

Prepare super babysitters (ages 11 and over) for your community with the acclaimed 4-H Babysitters Training course. Coordinating is as easy as

A **ASK** your regional 4-H Educator for information and the free 4-H Babysitters Training manual.

B **BEGIN** with step-by-step guidance to choose a site, publicize the course, and select guest speakers.

C **CONFIDENCE** that babysitters learn important skills while having fun.

4-H Babysitters Learn

- ✓ Safety
- ✓ First Aid
- ✓ Child Development
- ✓ Nutrition
- ✓ Entertaining Children
- ✓ Business of Babysitting

Massachusetts 4-H has More to Offer

**Parents! Look at the 4-H
activities available to your family:**

MORE ACTIVITIES: Community clubs, special interest programs, 4-H summer camps, on-campus science camps.

MORE INTERESTS: Pets, horsemanship, fashion design, foods, nutrition, child care, environment, agriculture, science, robotics and more.

MORE EXPERIENCES: Community service projects, exhibits at 4-H fairs, public speaking and presentations, competitions, regional and state events, national teen conferences.

MORE SUCCESS: In 4-H programs directed by professional educators and led by caring adult mentors, 4-H youth become more capable, confident and responsible individuals—with strong life and work skills.

Massachusetts 4-H is a public-private partnership, directed by the UMass Extension and supported by the Massachusetts 4-H Foundation. Massachusetts 4-H programs have a proven positive impact on youth development, as shown in a 10-year Tufts University study. Across the Commonwealth, 4-H programs reach 30,000 young people, ages 5-18, through over 2,000 volunteers.

Contact your local 4-H office:

- ✓ Amherst: 413-545-2646
- ✓ Barnstable: 508-375-6696
- ✓ Hanson: 781-293-3541
- ✓ Pittsfield: 413-448-8285
- ✓ Walpole: 508-668-9793
- ✓ Waltham: 781-891-0650
- ✓ Worcester: 508-831-1223

www.mass4h.org



**4-H Youth
Development Program**
UMass Extension