

### New Jersey Leaves No Bite Behind climate change education curriculum

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# New Jersey Leaves No Bite Behind





# GOAL:

Improve school administrations' and fifth grade students' knowledge, attitudes & behaviors, toward adapting food waste reduction practices.

# **Project Purpose**



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### Virginia Quick



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Department of Agriculture and Natural Resources

Act FY 2021

FUNDING SOURCE:

NJ DEP

Recycling

Enhancement



Jennifer Shukaitis



Department of Family and Community Health Sciences Jeanine Cava



Department of Family and Community Health Sciences Alessandra Sommer



Undergraduate student, Nutritional Sciences



### Education, Training & Consultation

Educational Program for students

Technical Assistance for Administrators with CET



Disseminate knowledge gained to a broader audience



SUSSEX PASSAIC Study design RGEN WARREN MORRIS ESSEX HUDSON UNION HUMTERDON SOMERSET Paterson Passaic School Barnegat Berkely MIDDLESET School District School District District School District MERCER MONMOUTH •6 Week Education •6 Week Education No Intervention No Intervention Program Program •Cafeteria Changes •Cafeteria Changes OCEAN BURLINGTON

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CIOUCESTER

CUMBERLAND

SALEM

# LESSON TITLES

- 1. Essential Earth Knowledge: Atmosphere, Greenhouse Gases, & the Climate
- 2. Getting to Know the Food System
- 3. Food Waste in the Food System
- 4. Environmental Impacts of Food Waste in the Food System & its Solutions
- 5. Food Miles & Shrinking Your Food's Carbon Footprint
- 6. Composting: Decomposers Help us Reduce Climate Change!



## Alignment with Next Generation Science Standards



### NGSS

eferenced in the evidence statements could include but are not limited to written, oral, pictorial, and kinesthetic descriptions.

#### 5-LS2-1 Ecosystems: Interactions, Energy, and Dynamics

Students who demonstrate understanding can:

5-LS2-1. Develop a model to describe the movement of matter among plants, animals, decomposers, and the environment. [Clarification Statement: Emphasis is on the idea that matter that is not food (air, water, decomposed materials in soil) is changed by plants into matter that is food. Examples of systems could include organisms, ecosystems, and the Earth.] [Assessment Boundary: Assessment does not include molecular explanations.]

The performance expectation above was developed using the following elements from the NRC document A Framework for K-12 Science Education:

Ecosystems

#### Science and Engineering Practices

#### **Developing and Using Models** Modeling in 3-5 builds on K-2 models and progresses to building and revising simple models and using models to represent events and design solutions.

Develop a model to describe phenomena.

Connections to the Nature of Science

#### Science Models, Laws, Mechanisms, and Theories Explain Natural Phenomena

Science explanations describe the mechanisms for natural events.

#### Disciplinary Core Ideas

The food of almost any kind of animal can

be traced back to plants. Organisms are

related in food webs in which some

animals eat plants for food and other

animals eat the animals that eat plants. Some organisms, such as fungi and

bacteria, break down dead organisms

(both plants or plants parts and animals)

and therefore operate as "decomposers." Decomposition eventually restores

(recycles) some materials back to the soil.

environments in which their particular

needs are met. A healthy ecosystem is

one in which multiple species of different

types are each able to meet their needs in a relatively stable web of life. Newly introduced species can damage the balance of an ecosystem.

Matter cycles between the air and soil and

among plants, animals, and microbes as these organisms live and die. Organisms obtain gases, and water, from the environment, and release waste matter

Organisms can survive only in

LS2.B: Cycles of Matter and Energy

(gas, liquid, or solid) back into the

Transfer in Ecosystems

environment.

#### LS2.A: Interdependent Relationships in Systems and System Models

A system can be described in terms of its components and their interactions.

Crosscutting Concepts

### Lesson Plan Outline

Science and Engineering Practices For this lesson, students are engaged in the following Science and Engineering Practices:

#### Obtaining, Evaluating, and Communicating Information:

Obtain and combine information from books and/or reliable media to explain phenomena or solutions to a design problem.

#### Cross Cutting Concepts

Systems and System Models (4) -- Earth's atmosphere is a unique and important part of the earth's climate system and is influenced by our food system.

Cause and Effect (2) – every day human activities, such as using electricity or throwing away uneaten foods, adds heat-trapping gases to the atmosphere (cause) which causes the earth's temperature to rise and is harming ecosystems and human life (effect).

#### **Disciplinary Core Ideas**

In addition, this lesson aligns with the following Disciplinary Core Ideas:

ESS2.A: Earth Materials and Systems ESS3.C: Human Impacts on Earth Systems

### Getting to know the Food System FOR THE TEACHER













NAME:

\_ DATE: \_\_

#### 5th Grade Climate Change Hero Challenge! Student Point Sheet

Welcome to your Climate Change Hero journey! Let's see who can reduce the most greenhouse gases and food waste during this program. As the program continues, you will learn about new ways to reduce your greenhouse gas impact and ways you can reduce food waste. Keep track of your Climate Change Hero Actions and points. You can find a list of Climate Change Hero Actions and how many points that action is worth below.

Good luck on your journey!

	Climate Change Hero Action Description	Points	
Looke	ed up information on climatekids.nasa.gov	3	
Ate o	ddly shaped or imperfect veggies/fruits	3	
Broug	ght home the food I did not finish at school lunch	3	
Broug	ght leftovers for my school lunch	3	
Read	fruit and vegetable stickers to eat foods that are closer to NJ	3	
Made	e a plan to grow some of our own food at home	3	
	ed off electronics and played with something that doesn't use electricity ad (drawing, reading, board games, outside time)	4	
Tried	a new food this week! What was the new food?	4	
Ate le	eftovers for dinner (try it at least 1 time per week!)	4	
Ate a	fruit or vegetable that is grown in NJ/is in season	4	
Add yo	our own way to reduce greenhouse gas emissions:	5	
Only	took what I was hungry enough to eat (Check with parents first!)	5	
	viewed person in my house who goes to the grocery store about how to ce food waste	5	
Interv	viewed person in my house who cooks about how to reduce food waste	6	
Watc	hed YouTube videos about starting a compost pile at home with a grown up	6	
Going to a farm, farmers' market, or community garden with a parent			
Plant	ed a tree	6	
Found a farm, farmers' market, or community garden near my home and talked to a grown up about going to visit it to buy food			
Talke	d to a friend or family member about what I am learning	7	
Played the video game for this Unit			
Start	ed a compost at home	10	

NAME: \_\_\_\_\_

\_ DATE: \_\_\_\_\_

### 5th Grade Climate Change Hero Challenge! Student Point Sheet

Welcome to your Climate Change Hero journey! Keep track of your Climate Change Hero Actions and points. You can find a list of Climate Change Hero Actions and how many points that action is worth on the front of this worksheet. Good luck on your journey!

Date	Description	Points	Signature
	P		
46		40	
	Total Points:		out of 103 points



Welcome to the NJ Leaves No Bite Behind site! Here you can find all of the lessons, videos, games and resources for educators that have been developed for this project. The goal of the project is to **improve school administrations' and students' knowledge, attitudes, and behaviors towards adopting food waste reduction practices**. We hope you find these tools and lessons useful, engaging and fun! Please let us know if you have any <u>questions or feedback</u>.





## Evaluation type



Outcome evaluation measures program effects in the target population by assessing the progress in the outcomes or outcome objectives that the program is to achieve.



**Impact evaluation** assesses program effectiveness in achieving its *ultimate* goals.



**Process evaluation** determines whether program activities have been implemented as intended.

# Student's Knowledge Assessment

Increase in the students' understanding of

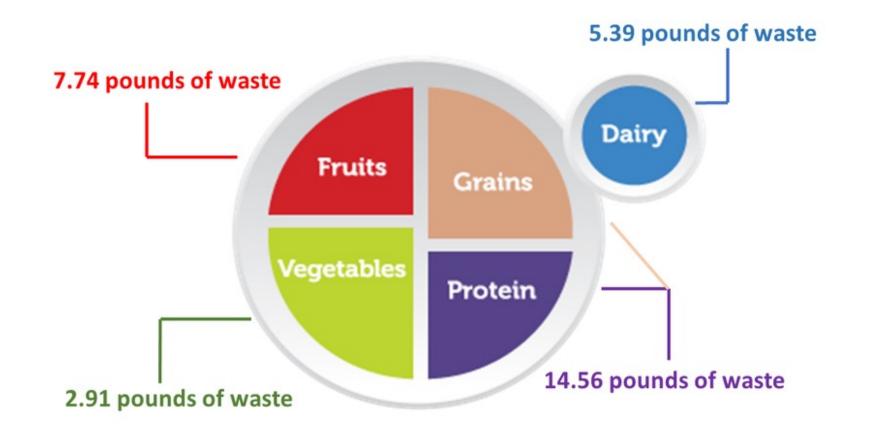
GERS

- climate change,
- food system,
- food waste,
- food miles,
- and composting concepts

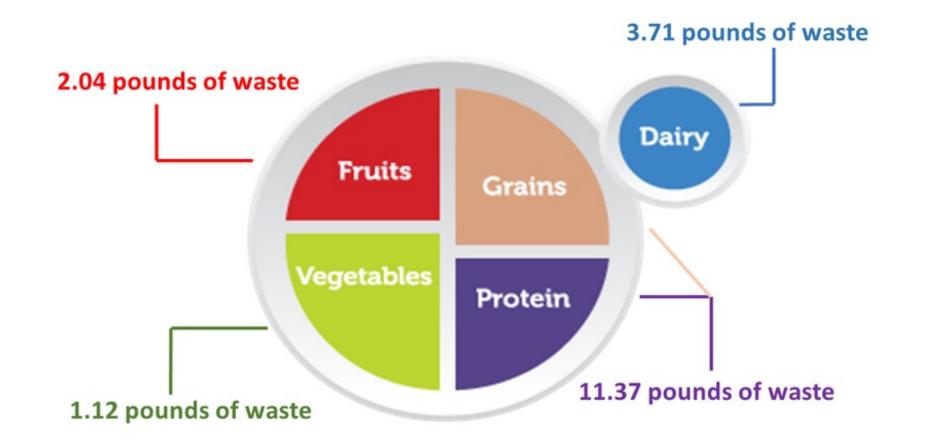
across both study schools between the pre and post assessment.

### **Knowledge Content** 100% 80% 66% 57% 57% 60% 45% 40% 20% 0% Paterson Barnegat Pre-Test Post-Test

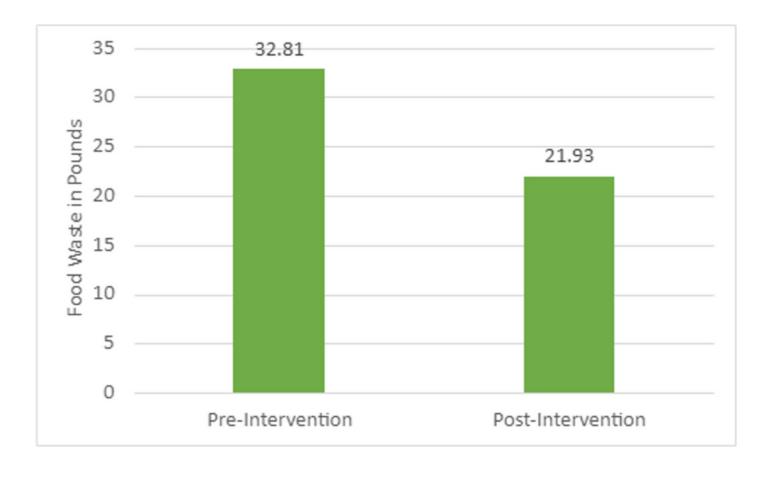
### Pre-education Food Waste Audits for Barnegat



### Post-education Food Waste Audits for Barnegat



### **Overall Food Waste Reduction**



From January 2023 to March 2023, there was a **10.88 pound** decrease in food waste production amongst participating 5th grade students.

This would equal **652.80 pounds** of food saved over one school year amongst 5th graders alone.

### What's to come?

- Comparing Intervention vs. Control Schools
  - Student's Knowledge, Attitudes and Behavior
  - Student's Food Waste Measures
- Pre and Post Intention for each School
  - Student's Knowledge, Attitudes and Behavior
  - Student's Food Waste Measures

Thank you for your time. **QUESTIONS?**