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Shelter from the Storm

Preparedness Education for Vulnerable Populations

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Family and Consumer Sciences

2023 National Urban Extension Leaders (NUEL)
Northeast Regional Conference
Thursday, June 15, 2023

Springfield, Massachusetts

The findings and conclusions in this preliminary presentation have not been formally disseminated by the U. S. Department of Agriculture and should not be construed to represent any agency determination or policy.

Dealing with Housing Insecurity

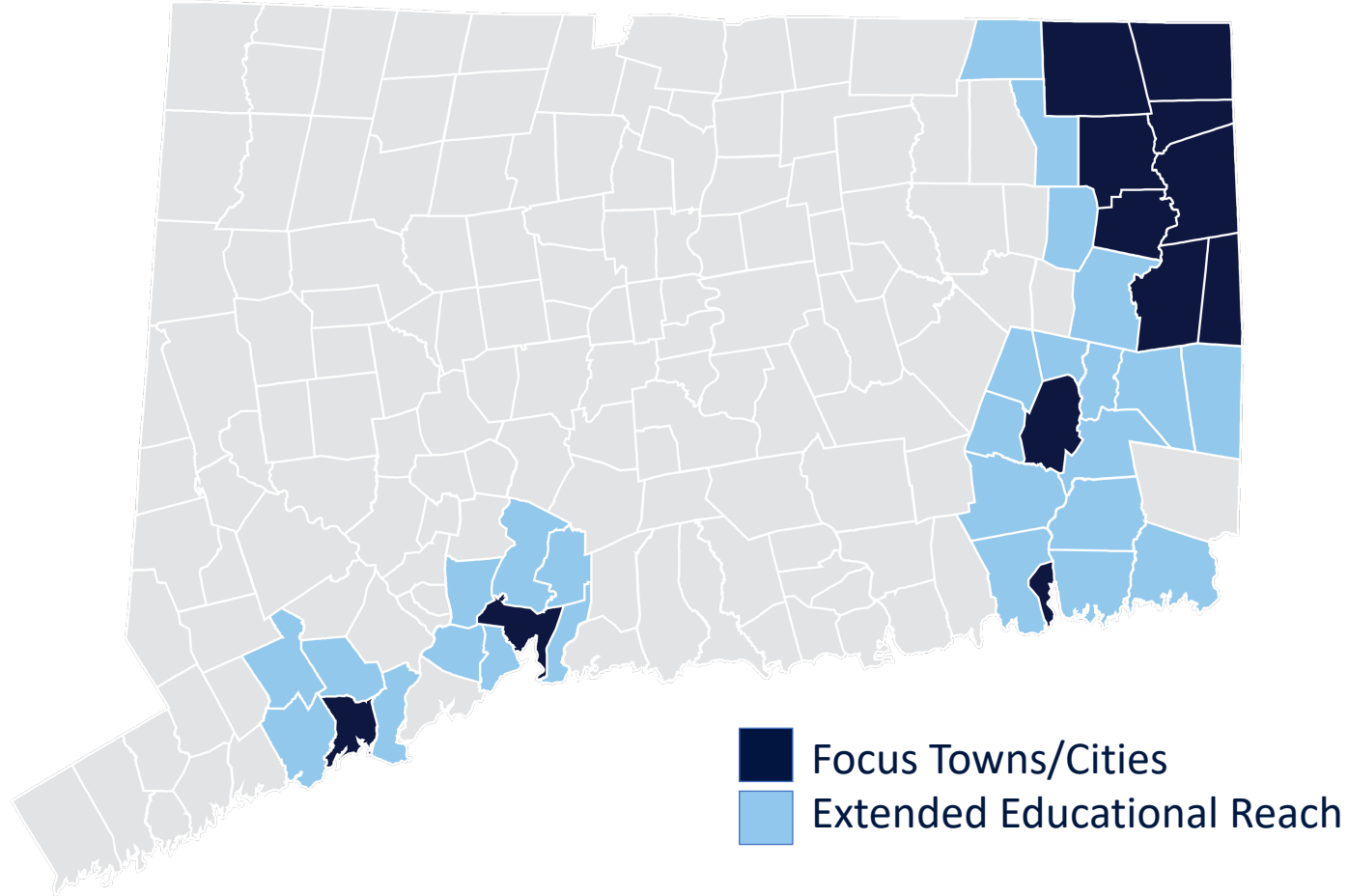
- Shelter
- Access to food and social services
- Physical and mental health including medication
- Safety
- Transportation



ALICE®

I AM YOUR FRIEND. I AM YOUR NEIGHBOR. I HAVE A JOB, MAYBE EVEN TWO. YET MY FAMILY AND I STILL STRUGGLE TO MAKE ENDS MEET.

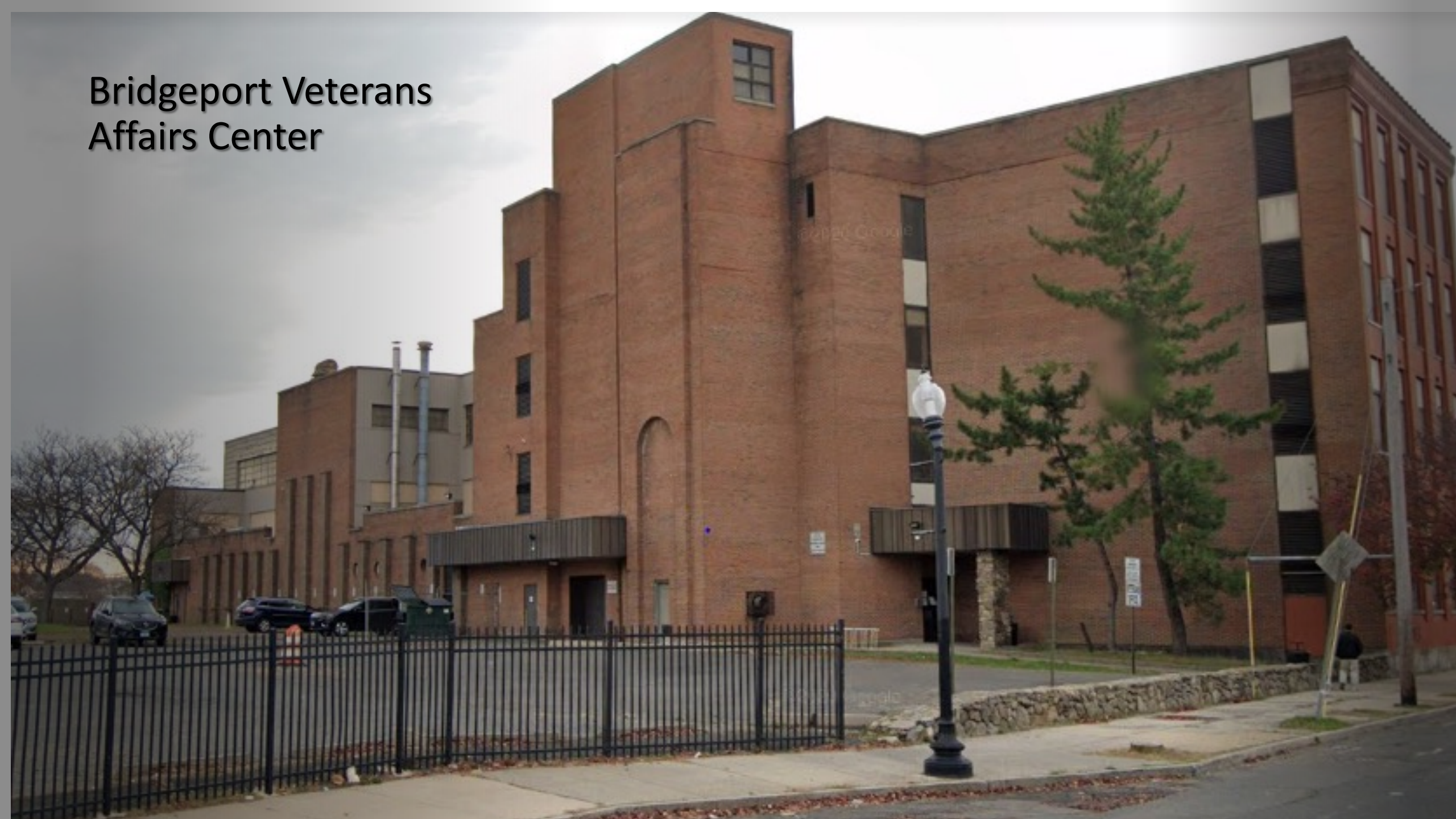
Storm Preparedness Education for Vulnerable Populations



Shelter from the Storm Outreach Focus

- Greater Bridgeport
- Greater New Haven
- Greater New London
- Greater Norwich
- A rural eight town area in northeastern CT including Brooklyn, Killingly, Plainfield, Pomfret, Putnam, Sterling Thompson, and Woodstock located in Windham County

Bridgeport Veterans Affairs Center



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NO
SMOKING



Our “Let’s Talk about the Weather” Table



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Goals for the Project

- Encourage the target audience to take action to be better prepared for storms.
- Develop educational tools that will be useful to the target population and extension colleagues.
- Translate these materials into Spanish.

Educational Videos

Extreme Cold



Let's Talk About the Weather



Extreme Heat



Let's Talk About the Weather



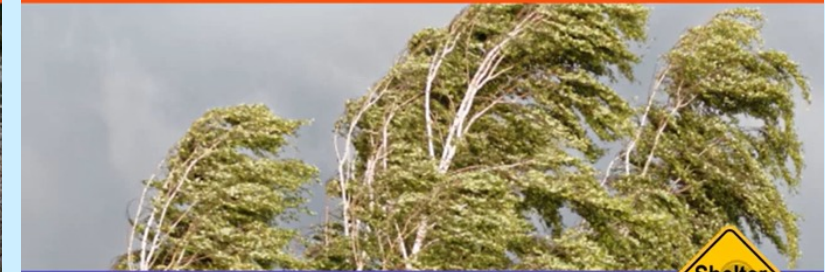
Extreme Flooding



Let's Talk About the Weather



Extreme Wind



Let's Talk About the Weather



Videos can be located at: eden.uconn.edu/shelter-from-storm/

Let's Talk About the Weather



Extreme Winds



High Winds Spell Danger!

The Problem Know the Signs

- See/hear wind gusts
- Trees swaying
- Sheets of rain/snow
- Thunder and lightning

The Solution Take Action

- Seek shelter inside
- Don't go outside
- Avoid downed wires
- Stay away from trees (limbs may fall!)

Have Questions?

Contact UConn Extension
cahnr.uconn.edu/extension
extension@uconn.edu

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Let's Talk About the Weather



Extreme Flooding



Turn Around, Don't Drown!®

The Problem Know the Signs

- Flooded roadways and walkways
- Extreme rain and/or swift moving water
- Becoming stranded or trapped
- Drowning/being swept away

The Solution Take Action

- Don't drive or walk through a flooded area or standing water
- Pay attention to the Weather Service and alerts
- Follow evacuation route signs or move to higher ground
- Don't enter swift moving water

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Infographic and Coloring Page



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Shelter from the Storm Let's Talk About the Weather

Extreme Heat

How would I feel?

- Weakness/Drowsiness
- Dizziness/Confusion
- Stomach Pain/Vomiting
- Headache/Very Hot and Sweaty

What should I do?

- Drink Fluids!
- Cold Pack on Forehead/Neck
- Rest
- Take Cool Shower

How do I stay safe?

- Wear Light Colored Clothing
- Stay Hydrated!
- Stay in Shade/Cool Area
- Wear a Head Covering

This work is supported by Smith-Lever Special Needs Competitive Grants Program 2019-41210-30066/1020290 from the USDA National Institute of Food and Agriculture. Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Department of Agriculture.

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Spanish Publications

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Refúgiate de la Tormenta **Hablemos del Clima**

Frío Extremo **¿Qué se siente?**

Confusión Escalofríos

Frío al tacto Dificultad para hablar

¿Qué debería hacer? **¿Cómo me Mantengo a Salvo?**

Bebe Líquidos Consume Alimentos

Revisa el Pronóstico del Tiempo Mantén tus Pies Secos y Usa Botas

Busca una Fuente de Calor Busca Refugio

Usa Capas de Ropa Abrigada

Conoce Lugares Cálidos para Resguardarte

Este trabajo es apoyado por el Programa de Subvenciones Competitivas para Necesidades Especiales de Smith-Lever 2019-41210-30062/1020230 del Instituto Nacional de Alimentos y Agricultura USDA. Todos los opiniones, hallazgos, conclusiones y recomendaciones expresadas en esta publicación pertenecen a los autores y no reflejan necesariamente la opinión del Departamento de Agricultura de EE. UU.

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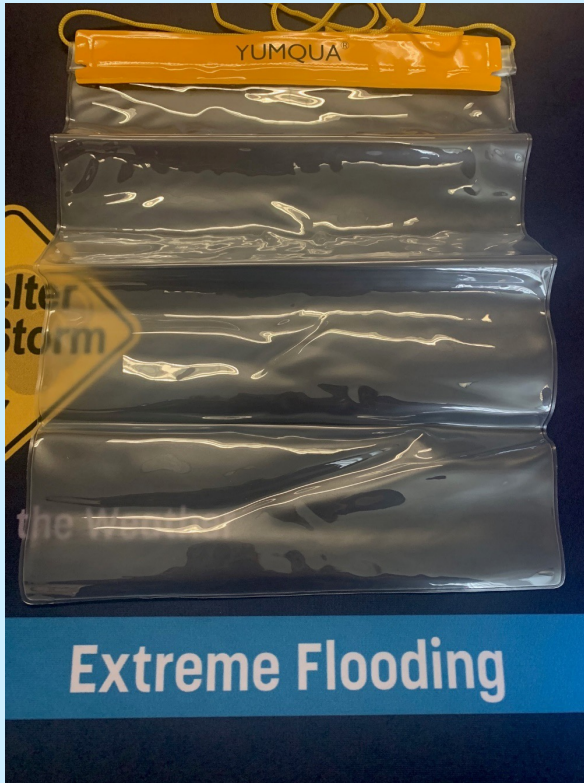
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Incentive Items



Project Impacts

Evaluated through ethnographic social research methods.

- Informal interactions
- Questions
- Observations
- Anecdotal information

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AGRICULTURAL & ZOO NOTIC COMMUNITY & ECONOMIC FAMILY & HEALTH NATURALLY OCCURRING

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Date: May 17th, 2023 | Hazard: [Wildfire](#)

[Wildfire-resistant Landscape Plants for Michigan](#)
Date: May 17th, 2023 | Institution: [Michigan State University](#) | Hazard: [Wildfire](#)

[Coping Financially with Disasters](#)
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Senior Extension Educator Emeritus*
Human Dimensions of Natural Resources
Urban & Community Forestry

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