### Employee Name:

### REQUIREMENTS 170.507(B)(10)(iii)
- Respirator specified by product labeling? [Y] [N]
- Fit test using respirator specified on the pesticide label in manner that conforms with 29 CFR 1910.134? [Y] [N]
- Training Handler in use of respirator specified on the pesticide label in manner that conforms with 29 CFR 110.134(k)(1)(i) [Y] [N]
- Medical evaluation by licensed physician/licensed health care professional that conforms with 29 CFR 1910.34? [Y] [N]

### FIT TEST PROCEDURES 29 CFR 1910.134 Appendix A
- Allow employee to pick acceptable respirator that fits user correctly [Y] [N]
- Employee shall be shown proper wear of respirator:
  - Positioning on face [Y] [N]
  - How to set strap tension [Y] [N]
  - Mirror available to assist employee in proper fitting of respirator [Y] [N]
- Employee will be informed that he/she is being asked to select suitable respirator [Y] [N]
- Employee shall be instructed to hole each chosen facepiece up to the face to eliminate those with an unacceptable fit [Y] [N]
- Most acceptable facepiece is donned and worn for at least five (5) minutes to assess comfort [Y] [N]
- Employee will don mask a few times to become familiar with setting proper tension on the straps [Y] [N]
- Assessment of comfort:
  - Position of mask on the nose [Y] [N]
  - Room for Eye Protection [Y] [N]
  - Room to talk [Y] [N]
  - Position of mask on face and cheeks [Y] [N]
- Criteria to determine adequacy of respirator fit:
  - Chin properly place [Y] [N]
  - Adequate strap tension, not overly tightened [Y] [N]
  - Fit across nose bridge [Y] [N]
  - Respirator of proper size to span distance from nose to chin [Y] [N]
  - Tendency of respirator to slip [Y] [N]
  - Self-observance in mirror to evaluate fit and respirator position [Y] [N]
- Employee conduct user seal check [Y] [N]
- If employee has difficulty breathing during test refer to a physician to see if employee can wear respirator [Y] [N]
- Employee shall be given description of fit test prior to fit test [Y] [N]
- Employee shall applicable safety equipment that may be during actual respirator use when doing the fit test [Y] [N]
- Employee must perform test exercises:
  - Normal breathing (in a normal standing position, without talking) [Y] [N]
  - Deep breathing (in a normal standing position breathing slowly and deeply being cautious not to hyperventilate) [Y] [N]
  - Turning head side to side (standing in place, slowly moving head up and down inhaling) [Y] [N]
  - Talking (talk out loud, slowly and loud enough for instructor to hear) [Y] [N]
  - Grimace (smile or frown) [Y] [N]
  - Bending over (bend at waist as if touching toes) [Y] [N]
  - Normal breathing [Y] [N]

***Each test shall be performed for one (1) minute except for grimace exercise which shall be performed for fifteen (15) seconds

### FIT TEST RECORD REQUIREMENTS 40 CFR 170.507(b)(10) & 29 CFR 19.10.134(m)(2)
- Name of handler tested [Y] [N]
- Type of fit test performed [Y] [N]
- Make, model and size of respirator tested [Y] [N]
- Date of fit test [Y] [N]
- Results of fit test [Y] [N]
| Records kept for 2 years |   |

| TRAINING MATERIALS |

- [www.epa.gov](http://www.epa.gov) Worker Protection Standards (WPS)

| NOTES |